Finding Gravitational Waves from the Early Universe

Finding the signature of gravitational waves in polarised light of the fireball Universe

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Physics Discussion, ICTP-SAIFR / IFT-UNESP, May 5, 2021

- -> "Decoupling" (transparent Universe)
- -> Structure Formation

Sky in Optical (~0.5µm) courtesy University of Arizona

Sky in Microwave (~1mm)

Sky in Microwave (~1mm)

Light from the fireball Universe, filling our sky (2.7K)

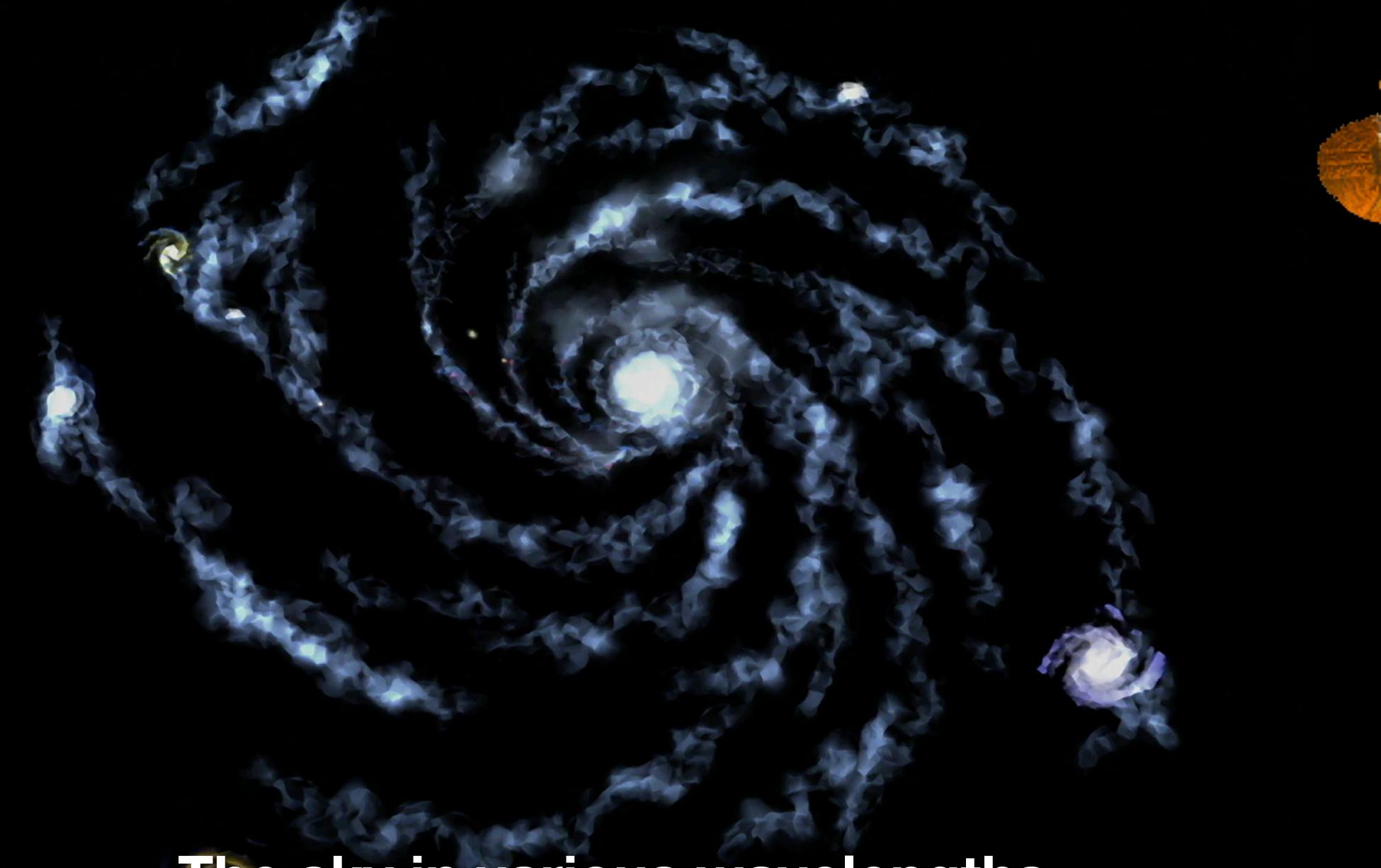
The Cosmic Microwave Background (CMB)

410 photons

per

cubic centimeter!!

Credit: WMAP Science Team



The sky in various wavelengths

Visible -> Near Infrared -> Far Infrared -> Submillimeter -> Microwave



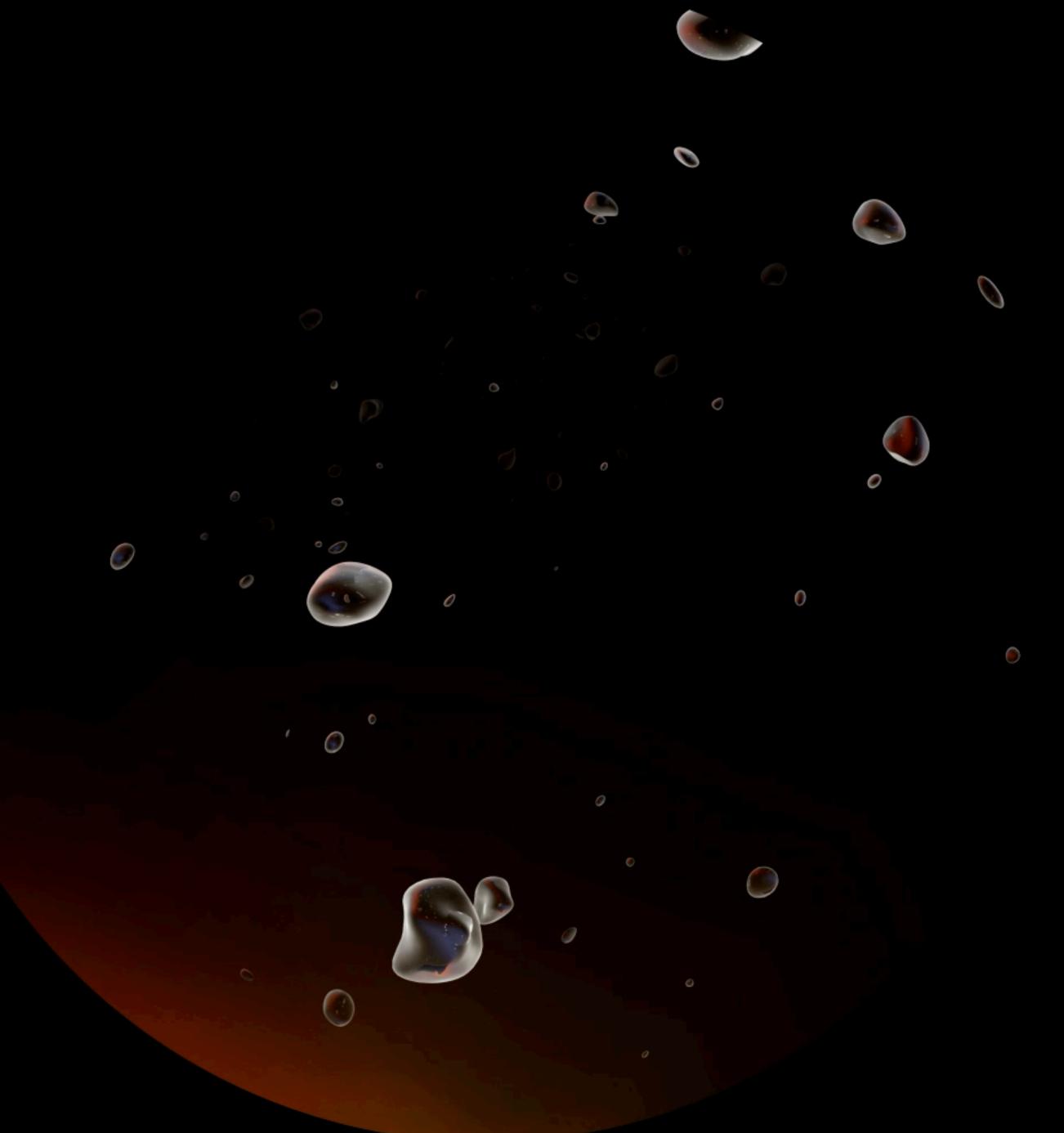
Full-dome movie for planetarium

Director: Hiromitsu Kohsaka

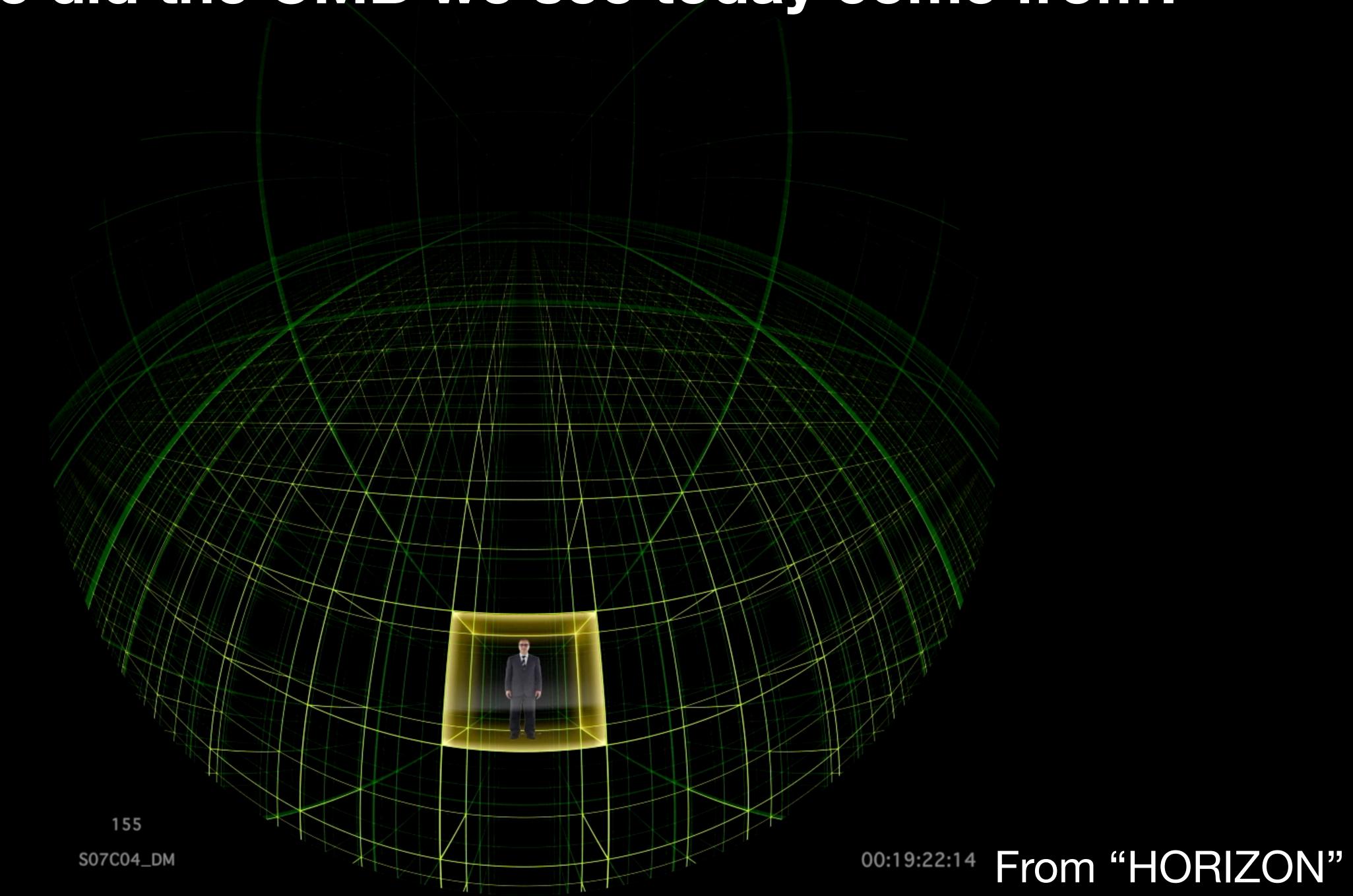


HORIZON: Beyond the Edge of the Visible Universe [Trailer]

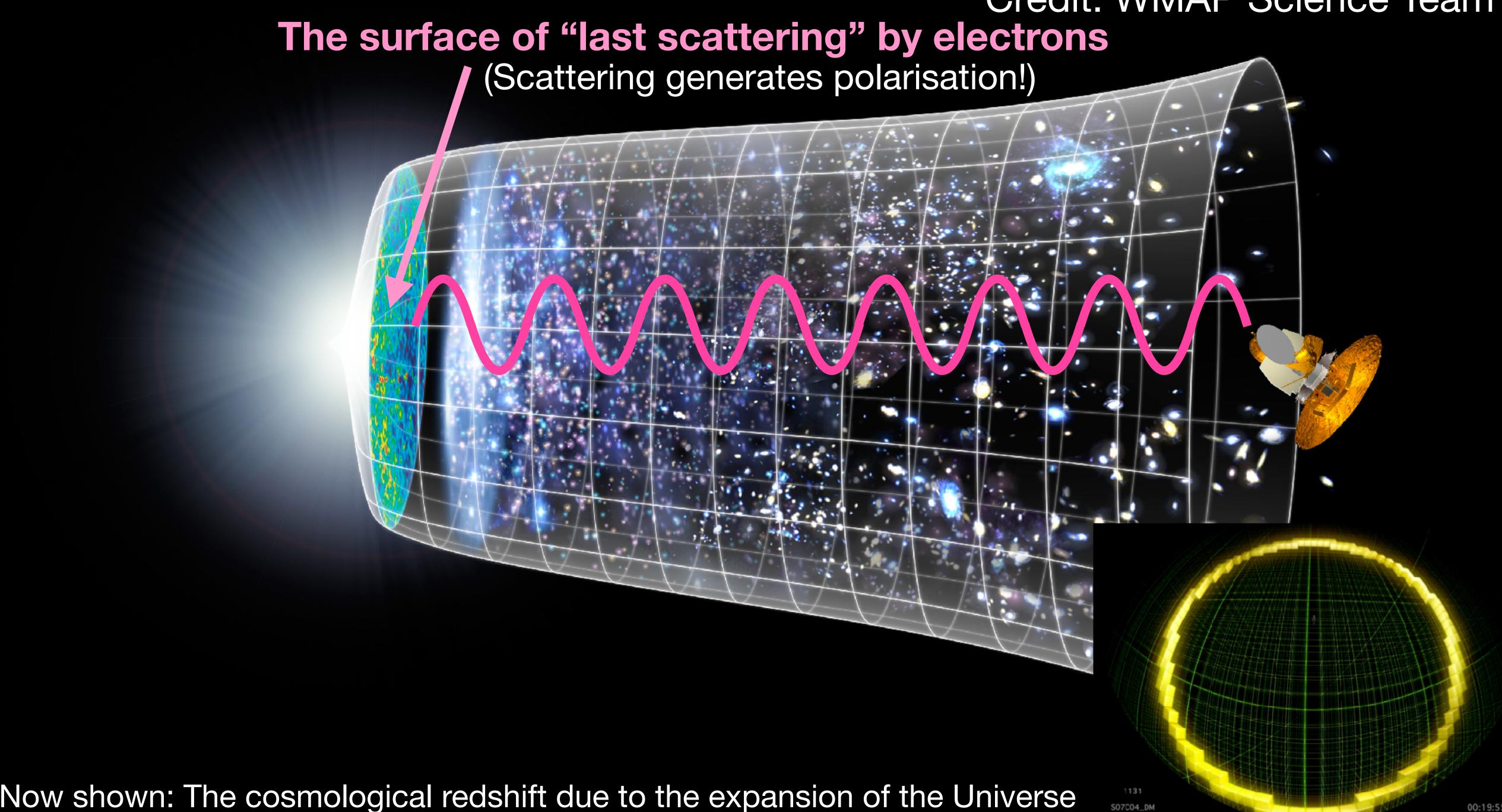




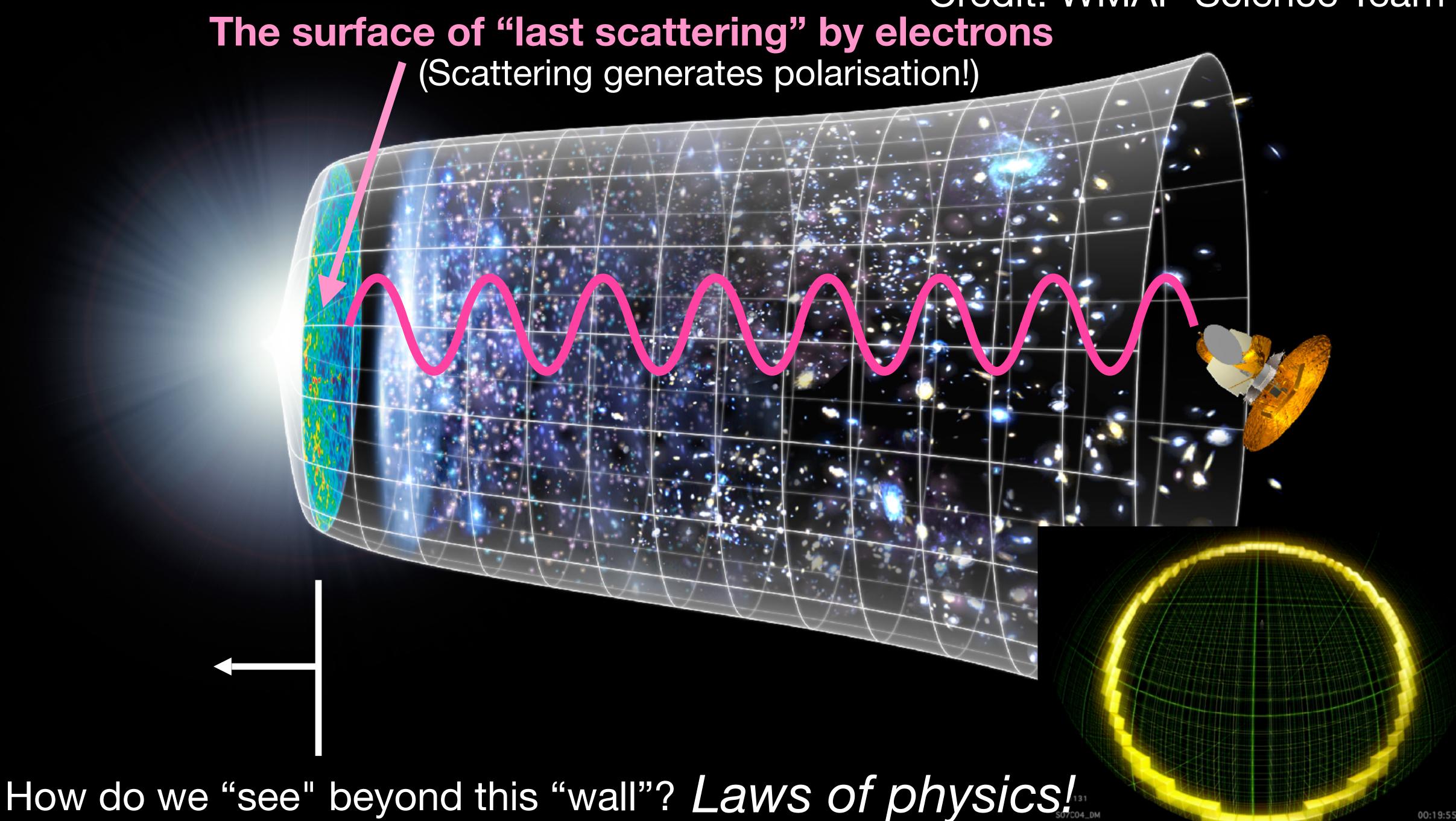
Where did the CMB we see today come from?



Credit: WMAP Science Team



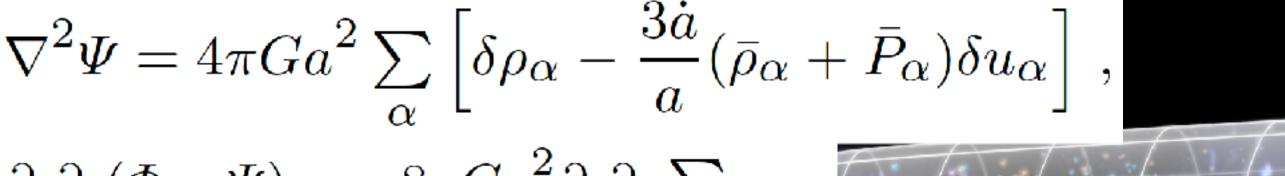
Credit: WMAP Science Team



Before we talk about the gravitational waves, let's talk about the sound waves (scalar modes)

Gravitational Field Equations (Einstein's Eq.)

Credit: WMAP Science Team



$$\partial_i \partial_j (\Phi - \Psi) = -8\pi G a^2 \partial_i \partial_j \sum_{\alpha} \pi_{\alpha} ,$$

Energy Conservation

$$\frac{\partial}{\partial t}(\delta
ho_{\gamma}/ar{
ho}_{\gamma}) - \frac{4q^2}{3a^2}\delta u_{\gamma} = 4\dot{\varPsi},$$

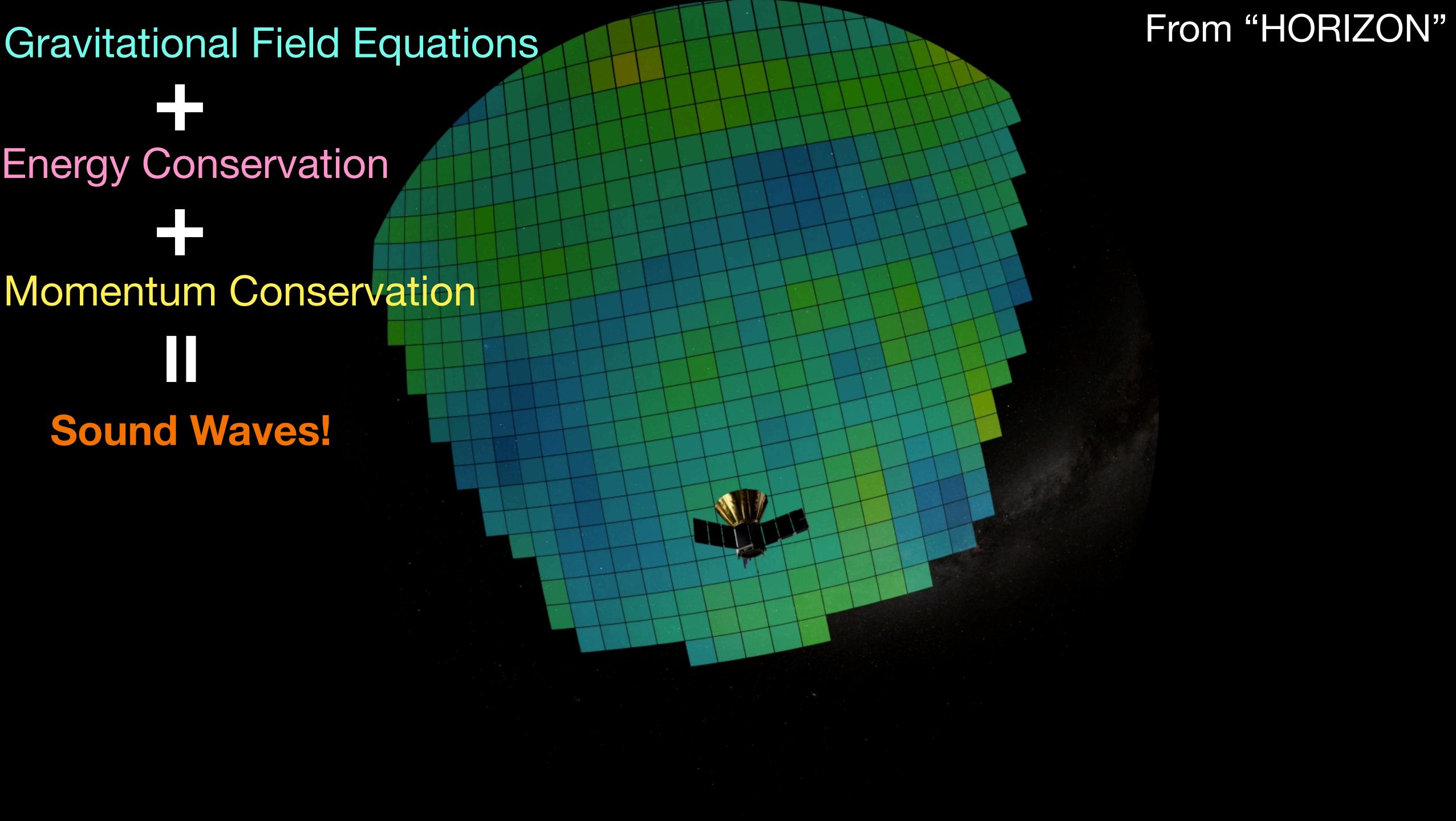
$$\frac{\partial}{\partial t} (\delta \rho_B / \bar{\rho}_B) - \frac{q^2}{a^2} \delta u_B = 3 \dot{\Psi} ,$$

Momentum Conservation

$$\frac{4}{3}\frac{\partial}{\partial t}(\bar{\rho}_{\gamma}\delta u_{\alpha}) + \frac{4\dot{a}}{a}\bar{\rho}_{\gamma}\delta u_{\gamma} + \frac{4}{3}\bar{\rho}_{\gamma}\Phi + \frac{1}{3}\delta\rho_{\gamma} = \frac{4}{3}\sigma_{\mathcal{T}}\bar{n}_{e}\bar{\rho}_{\gamma}(\delta u_{B} - \delta u_{\gamma}),$$

$$\frac{\partial}{\partial t}(\bar{\rho}_B\delta u_B) + \frac{3\dot{a}}{a}\bar{\rho}_B\delta u_B + \bar{\rho}_B\varPhi = -\frac{4}{3}\sigma_{\mathcal{T}}\bar{n}_e\bar{\rho}_{\gamma}(\delta u_B - \delta u_{\gamma})\,,$$

Laws of physics!

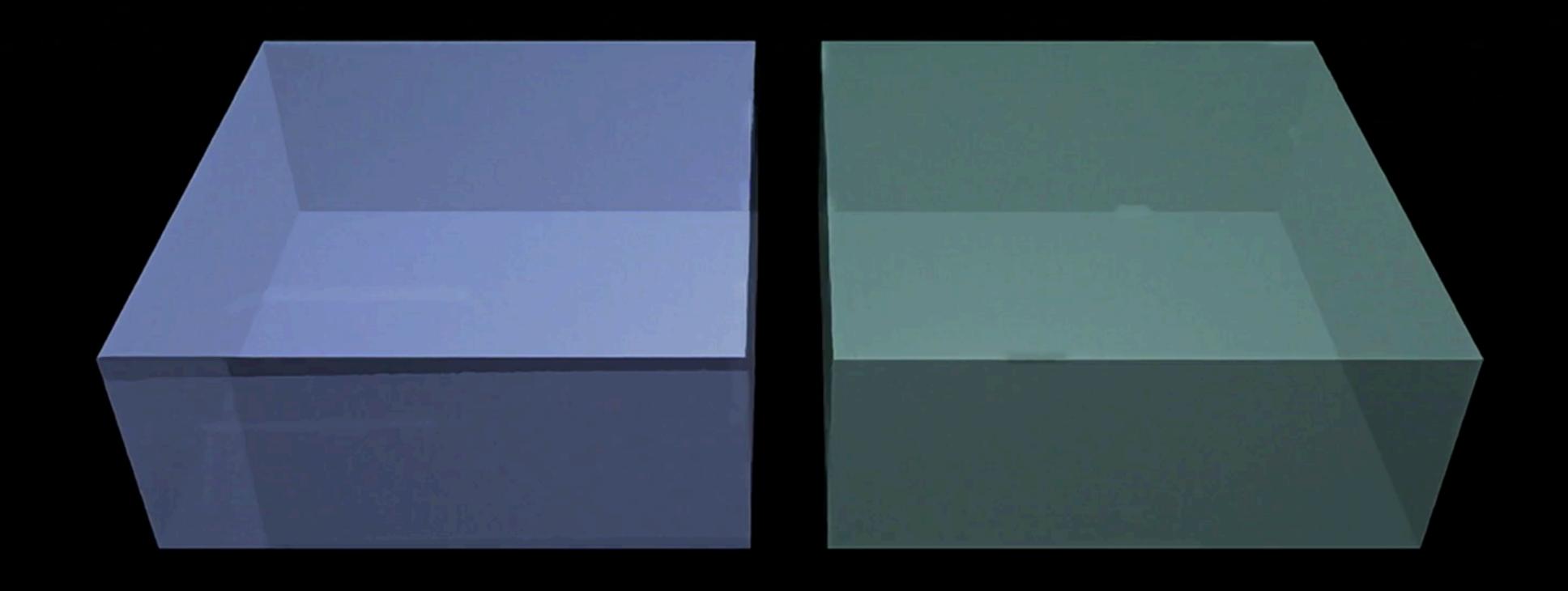




Sopa de Missô Cósmica

- When matter and radiation were hotter than 3000 K, matter was completely ionised. The Universe was filled with plasma, which behaves just like a soup
- Think about a Miso soup (if you know what it is).
 Imagine throwing Tofus into a Miso soup, while changing the density of Miso
- And imagine watching how ripples are created and propagate throughout the soup

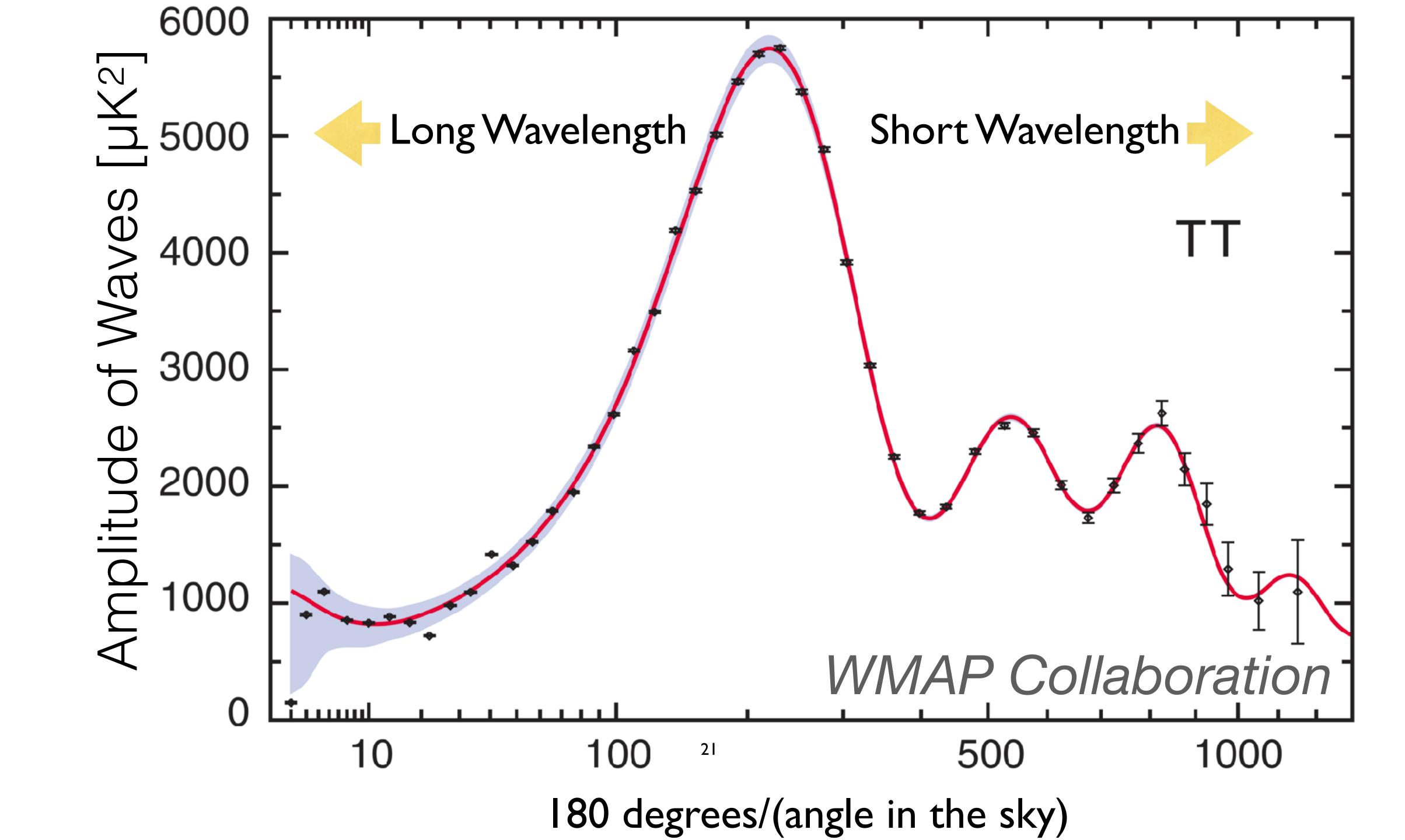
Credit: WMAP Science Team



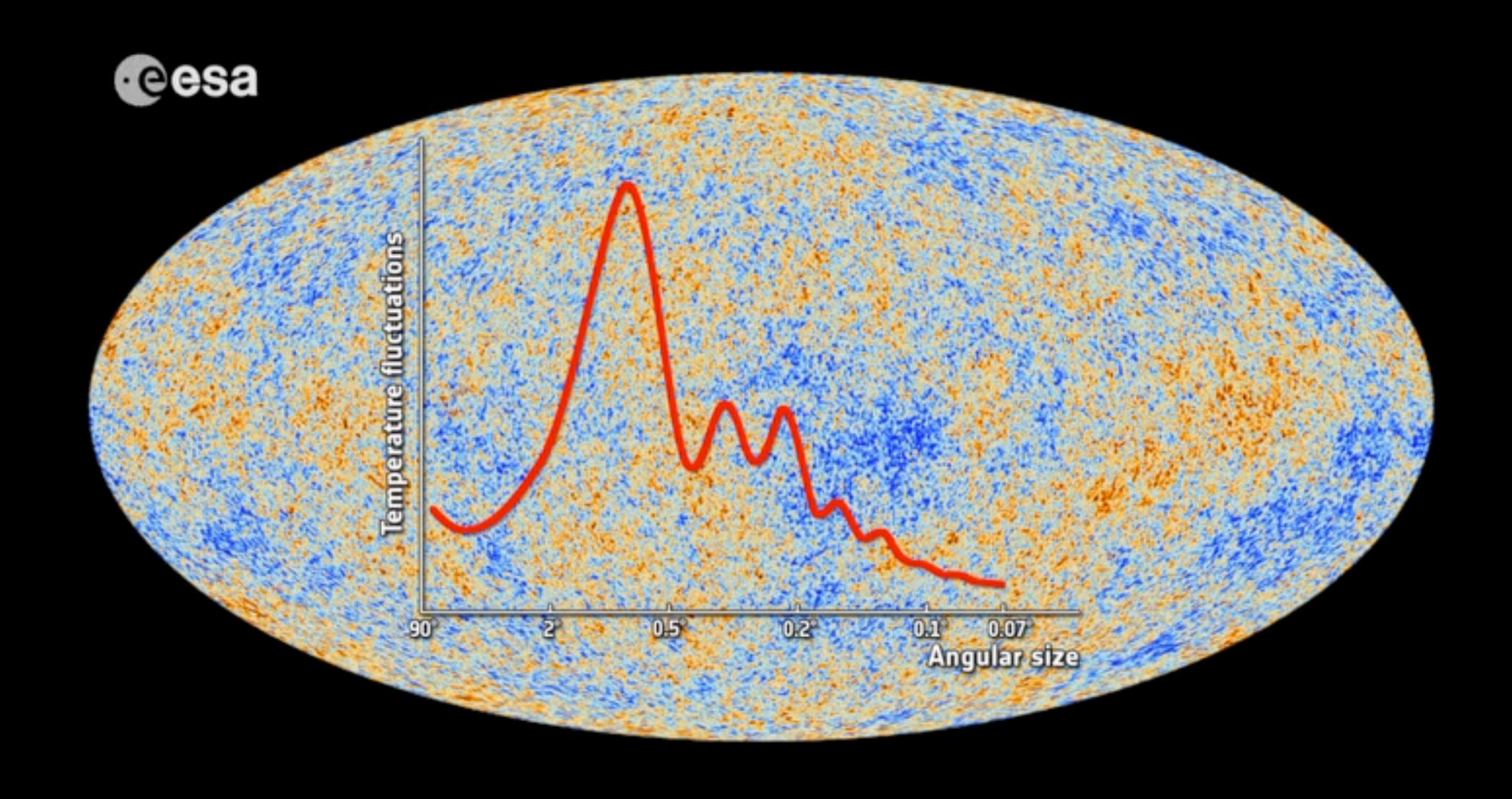
analyse the datalike this?

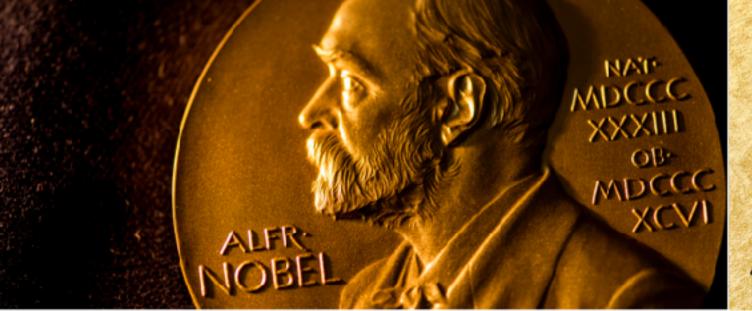
Data Analysis

- Decompose temperature fluctuations in the sky into a set of waves with various wavelengths
- Make a diagram showing the strength of each wavelength: Power Spectrum



Power Spectrum, Explained





The Royal Swedish Academy of Sciences has decided to award the 2019 Nobel Prize in Physics to

JAMES PEEBLES

"for theoretical discoveries in physical cosmology"

James Peebles Facts

Sound waves in the fireball Universe, predicted in 1970



James Peebles
The Nobel Prize in Physics 2019

Born: 1935, Winnipeg, Canada

Affiliation at the time of the award: I Princeton, NJ, USA

Prize motivation: "for theoretical dis cosmology."

Prize share: 1/2

THE ASTROPHYSICAL JOURNAL, 162:815-836, December 1970 © 1970 The University of Chicago All rights reserved Printed in U S.A.

PRIMEVAL ADIABATIC PERTURBATION IN AN EXPANDING UNIVERSE*

P. J. E. PEEBLES†

Joseph Henry Laboratories, Princeton University

AND

J. T. Yu‡

Goddard Institute for Space Studies, NASA, New York Received 1970 January 5; revised 1970 April 1

Media. https://www.nobelprize.org



Sound waves in the fireball Universe, predicted in 1970

Astrophysics and Space Science 7 (1970) 3–19. All Rights Reserved Copyright © 1970 by D. Reidel Publishing Company, Dordrecht-Holland

SMALL-SCALE FLUCTUATIONS OF RELIC RADIATION*

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Institute of Applied Mathematics, Academy of Sciences of the U.S.S.R., Moscow, U.S.S.R.

(Received 11 September, 1969)





Determine the composition of the Universe

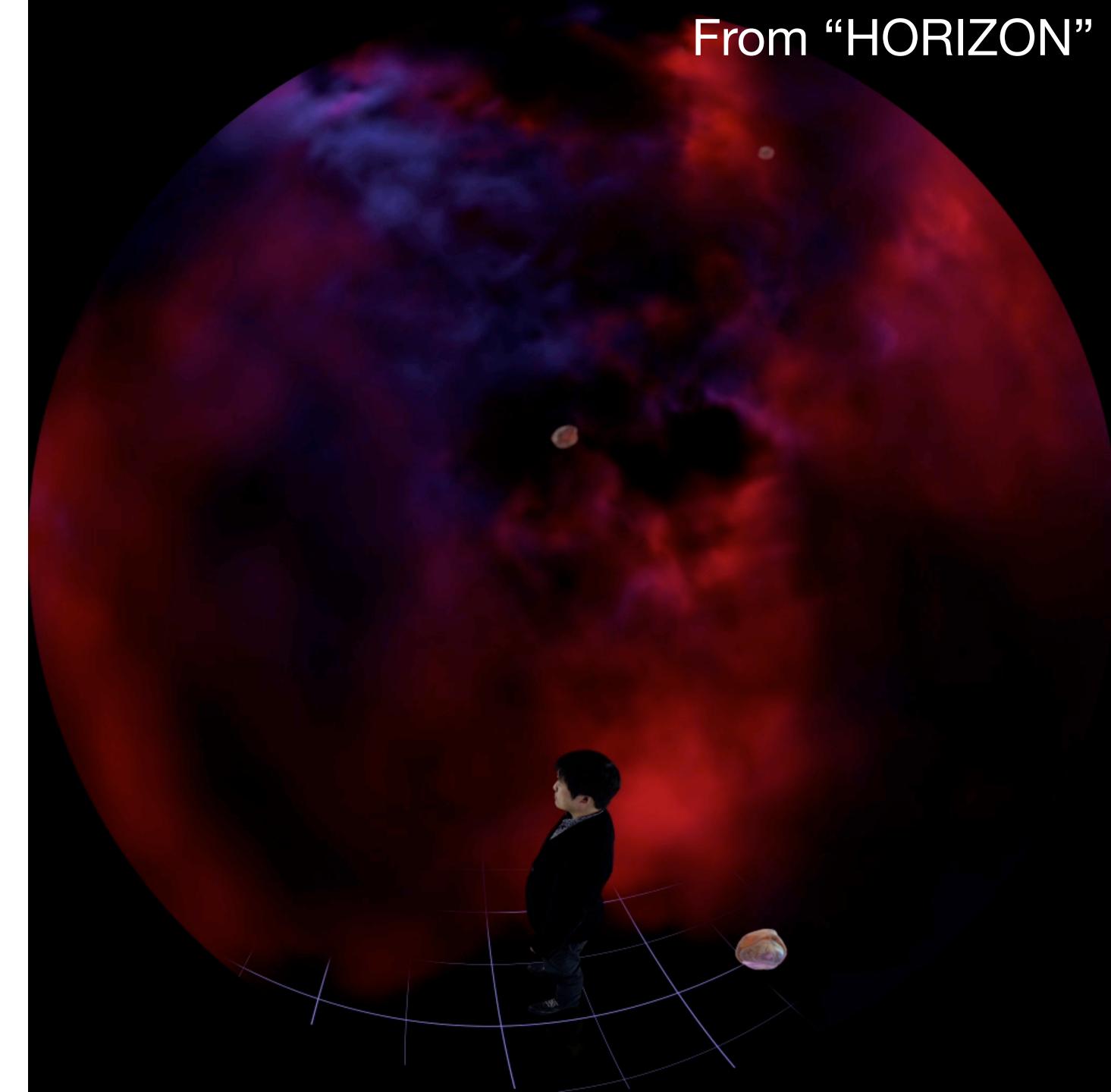
The Universe as a "hot soup"

 The power spectrum allows us to determine the composition of the Universe, such as the density of atoms, dark matter, and dark

energy.



 Definitive evidence for nonbaryonic nature of dark matter!



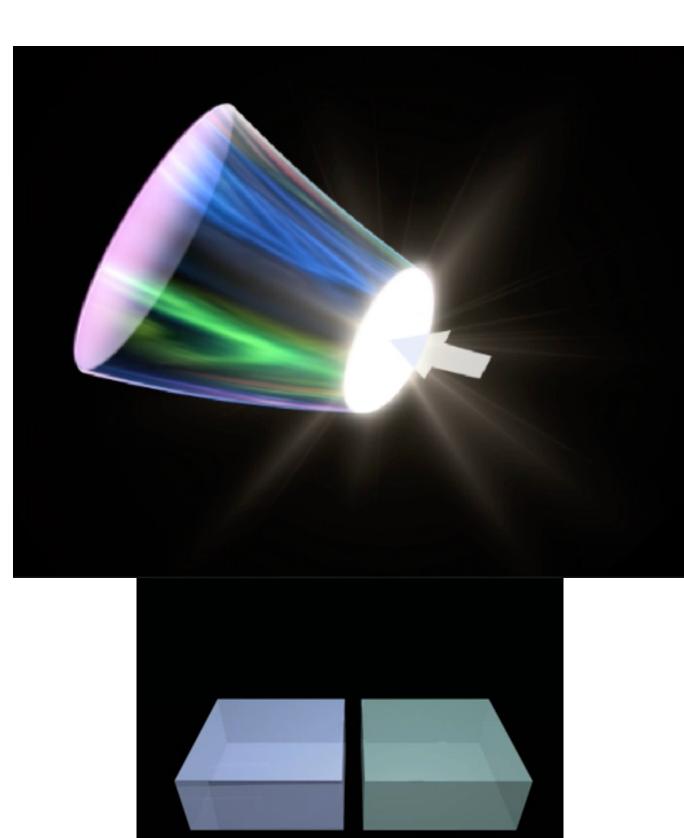
"Let's give some impact to the beginning of this model"

What gave the initial fluctuation to the cosmic hot soup?

Mukhanov & Chibisov (1981); Hawking (1982); Starobinsky (1982); Guth & Pi (1982); Bardeen, Turner & Steinhardt (1983)

Leading Idea:

- Quantum mechanics at work in the early Universe
 - "We all came from quantum fluctuations"
- But, how did the quantum fluctuation on the microscopic scale become macroscopic over large distances?
- What is the missing link between the small and large scales?



Gravity + Quantum

= The origin of all the structures we see in the Universe

Starobinsky (1980); Sato (1981); Guth (1981); Linde (1982); Albrecht & Steinhardt (1982)

Cosmic Inflation

Quantum mechanical fluctuation on microscopic scales Exponential Expansion!

> Exponential expansion (inflation) stretches the wavelength of quantum fluctuations to cosmological scales

What? How can we believe such a statement?

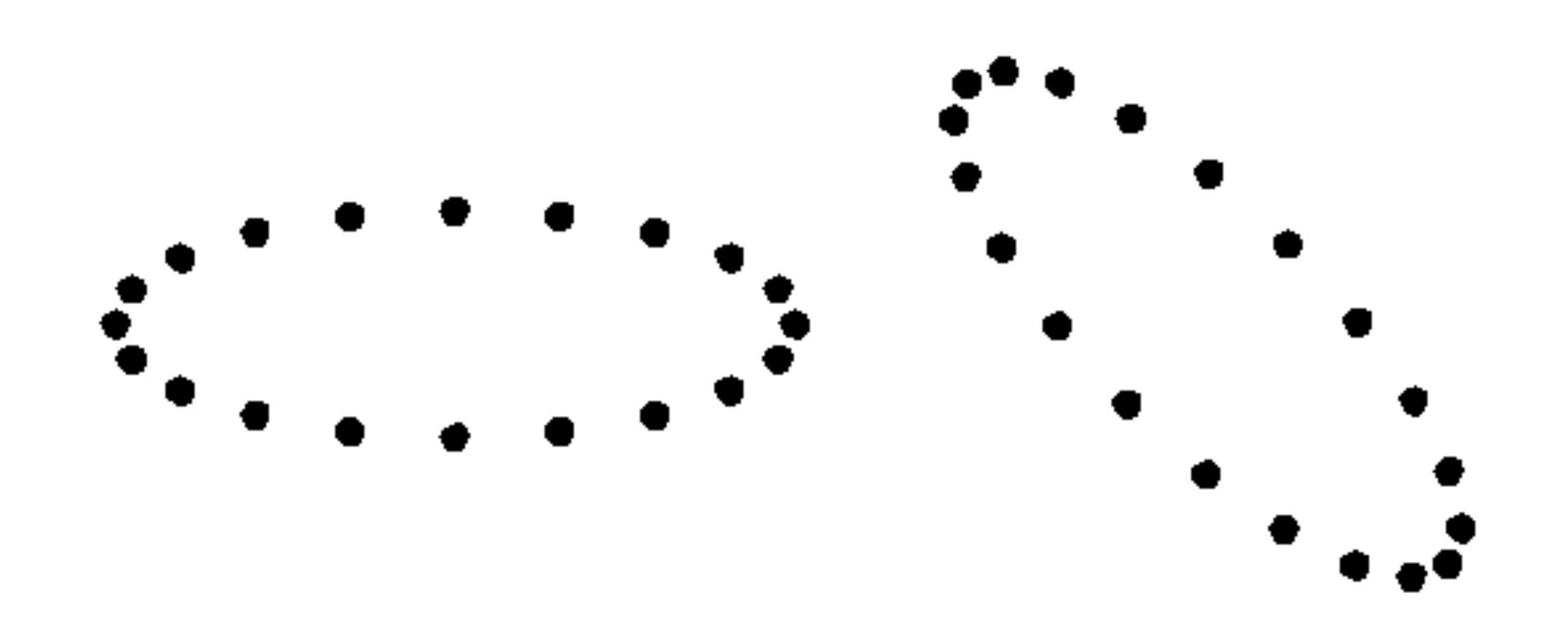
We have accumulated very good evidence so far The next step: Primordial Gravitational Waves

- Since the first discovery of the CMB temperature fluctuation by COBE in 1992, we have made a tremendous progress in making much more detailed measurements of the CMB over the last three decades.
 - Three space missions, COBE (NASA) -> WMAP (NASA) -> Planck (ESA), as well as a host of ground-based and balloon-borne experiments. Truly the global community effort!
- What more do we want? Primordial gravitational waves. (Starobinsky 1979)
 - Why more evidence? Because "the extraordinary claim requires extraordinary evidence" (Carl Sagan)

Let's talk about the gravitational waves (tensor modes)

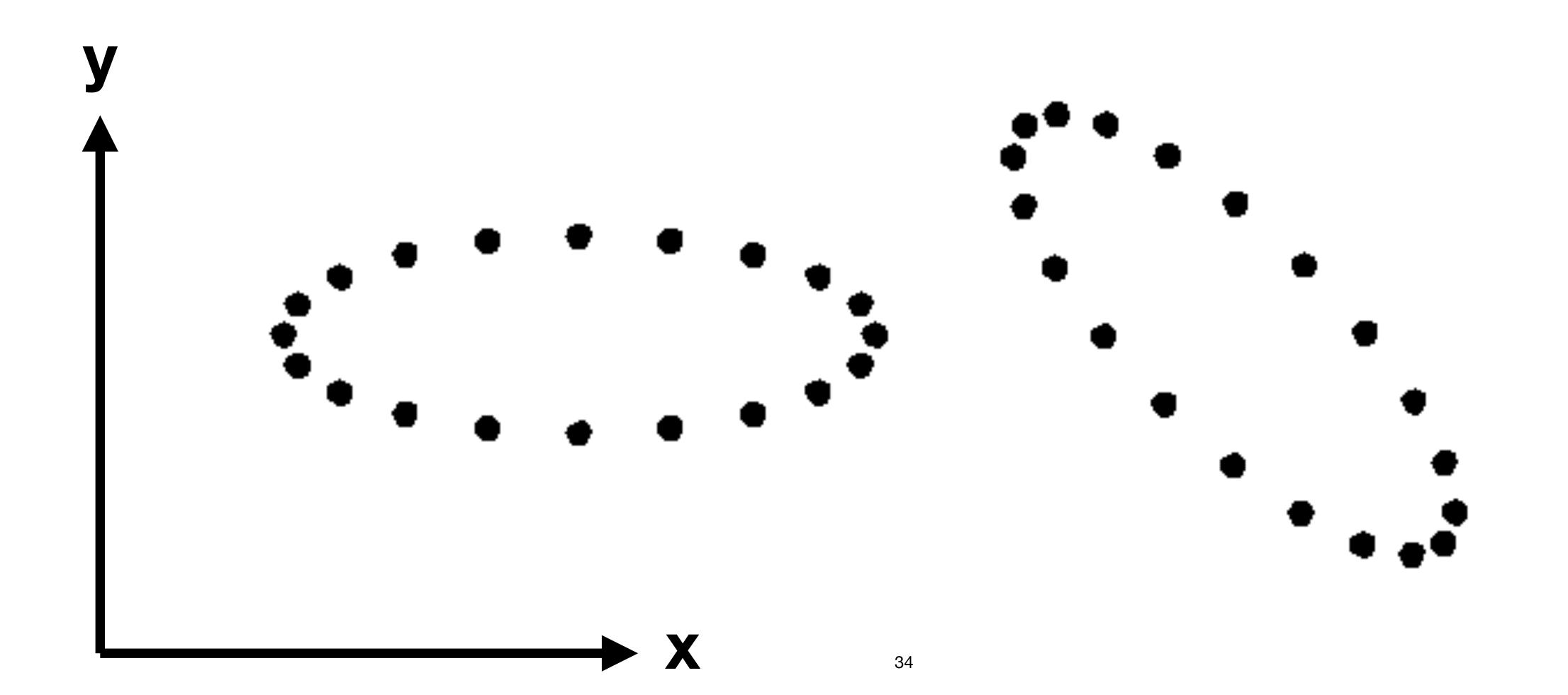
Gravitational waves are coming towards you!

To visualise the waves, watch motion of test particles.



Gravitational waves are coming towards you!

To visualise the waves, watch motion of test particles.



Distance between two points

 In Cartesian coordinates, the distance between two points in Euclidean space is

$$ds^2 = dx^2 + dy^2 + dz^2$$

To include the isotropic expansion of space,

$$ds^2 = a^2(t)(dx^2 + dy^2 + dz^2)$$
Scale Factor

Distortion in space

 X^2

• Compact notation using Kronecker's delta symbol:

$$ds^2=a^2(t)\sum\limits_{i=1}^3\sum\limits_{j=1}^3\!\delta_{ij}dx^idx^j_{x=(x,y,z)}$$

 $\delta_{ii} = 0$ otherwise

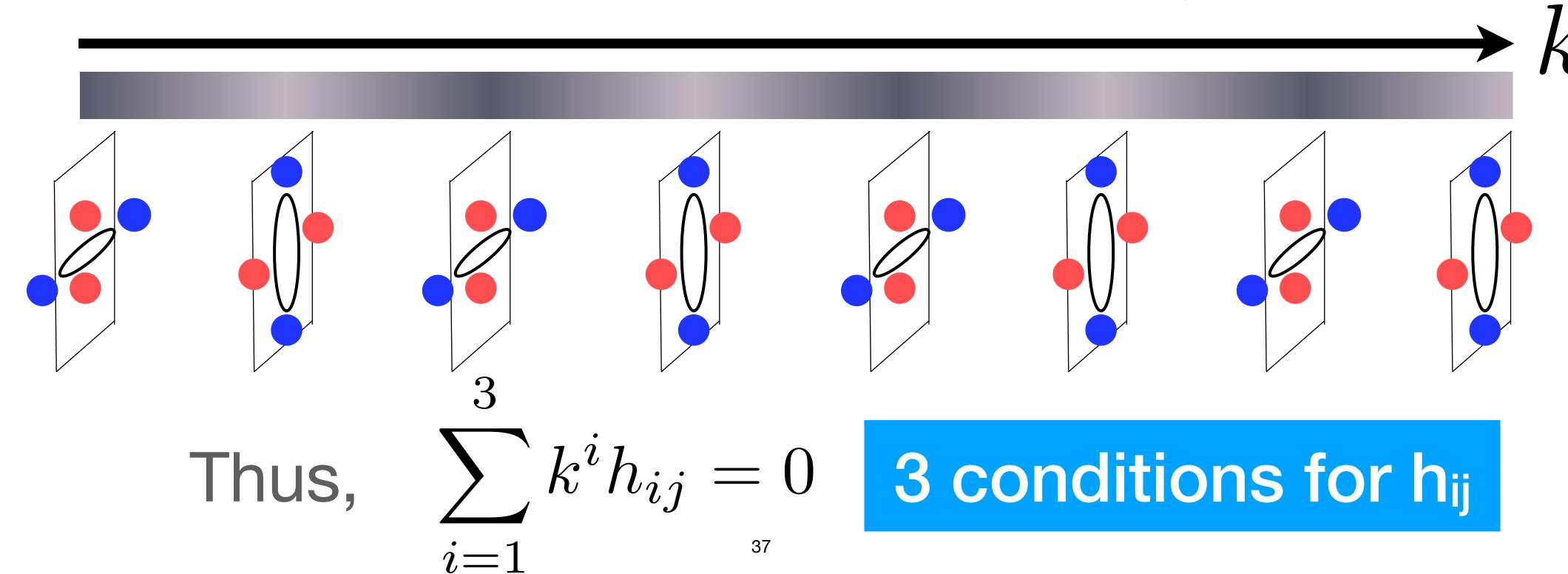
To include distortion in space,

$$ds^{2} = a^{2} \sum_{i=1}^{3} \sum_{j=1}^{3} (\delta_{ij} + h_{ij}) dx^{i} dx^{j}$$

$$\downarrow \mathbf{x}^{1} \qquad i=1 \atop \text{36}} \sum_{j=1}^{3} (\delta_{ij} + h_{ij}) dx^{i} dx^{j}$$
Distortion in space!

Four conditions for gravitational waves

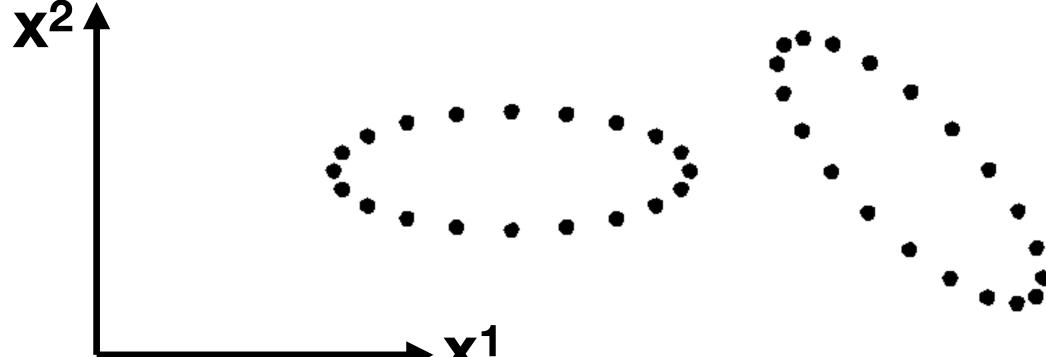
- The gravitational wave shall be transverse.
 - The direction of distortion is perpendicular to the propagation direction



Four conditions for gravitational waves

- The gravitational wave shall not change the area
 - The determinant of δ_{ij} + h_{ij} is 1

$$ds^{2} = a^{2} \sum_{i=1}^{3} \sum_{j=1}^{3} (\delta_{ij} + h_{ij}) dx^{i} dx^{j}$$



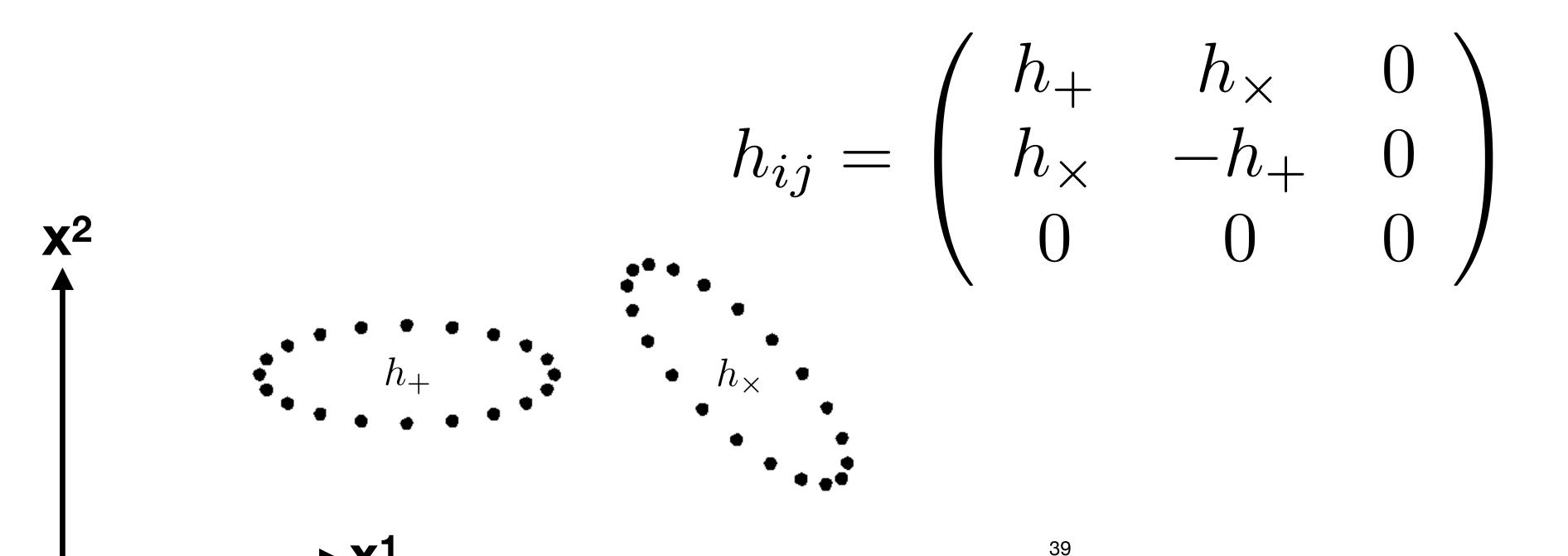
Thus,
$$\sum_{i=1}^{3} h_{ii} = 0$$

1 condition for hij

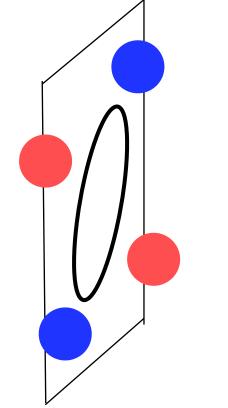
6 - 4 = 2 degrees of freedom for GW

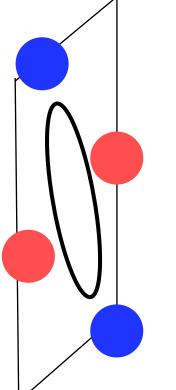
We call them "plus" and "cross" modes

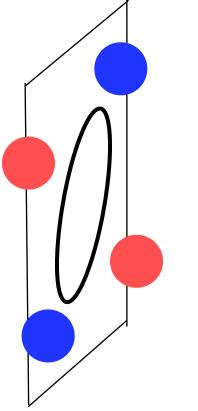
- The symmetric matrix h_{ij} has 6 components, but there are 4 conditions. Thus, we have two degrees of freedom.
- If the GW propagates in the x³=z axis, non-vanishing components of h_{ij} are

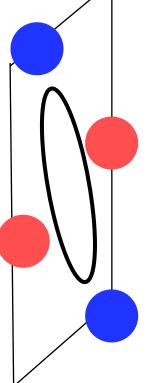


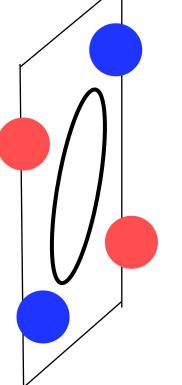
h₊=cos(kz) h_x=cos(kz)

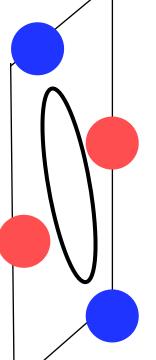


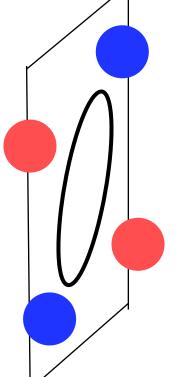


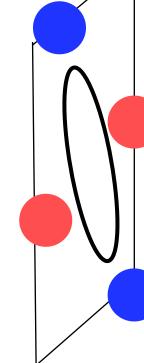






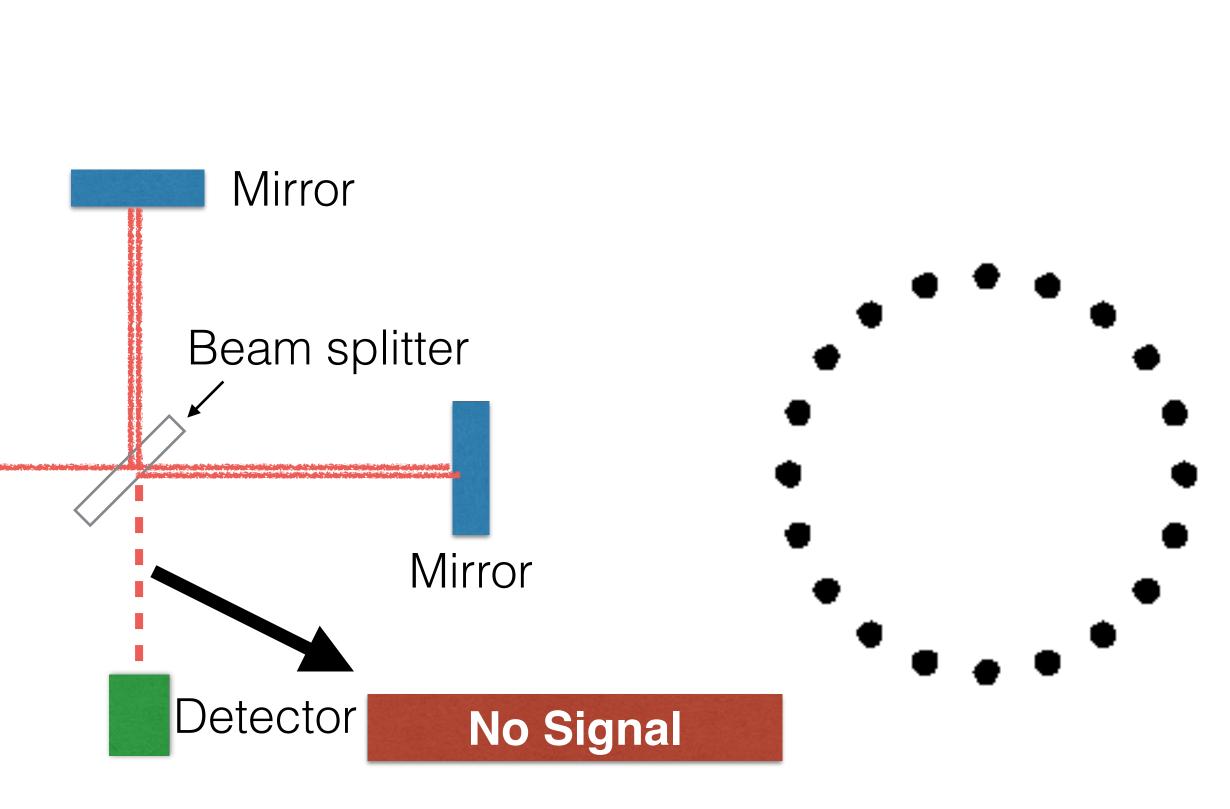


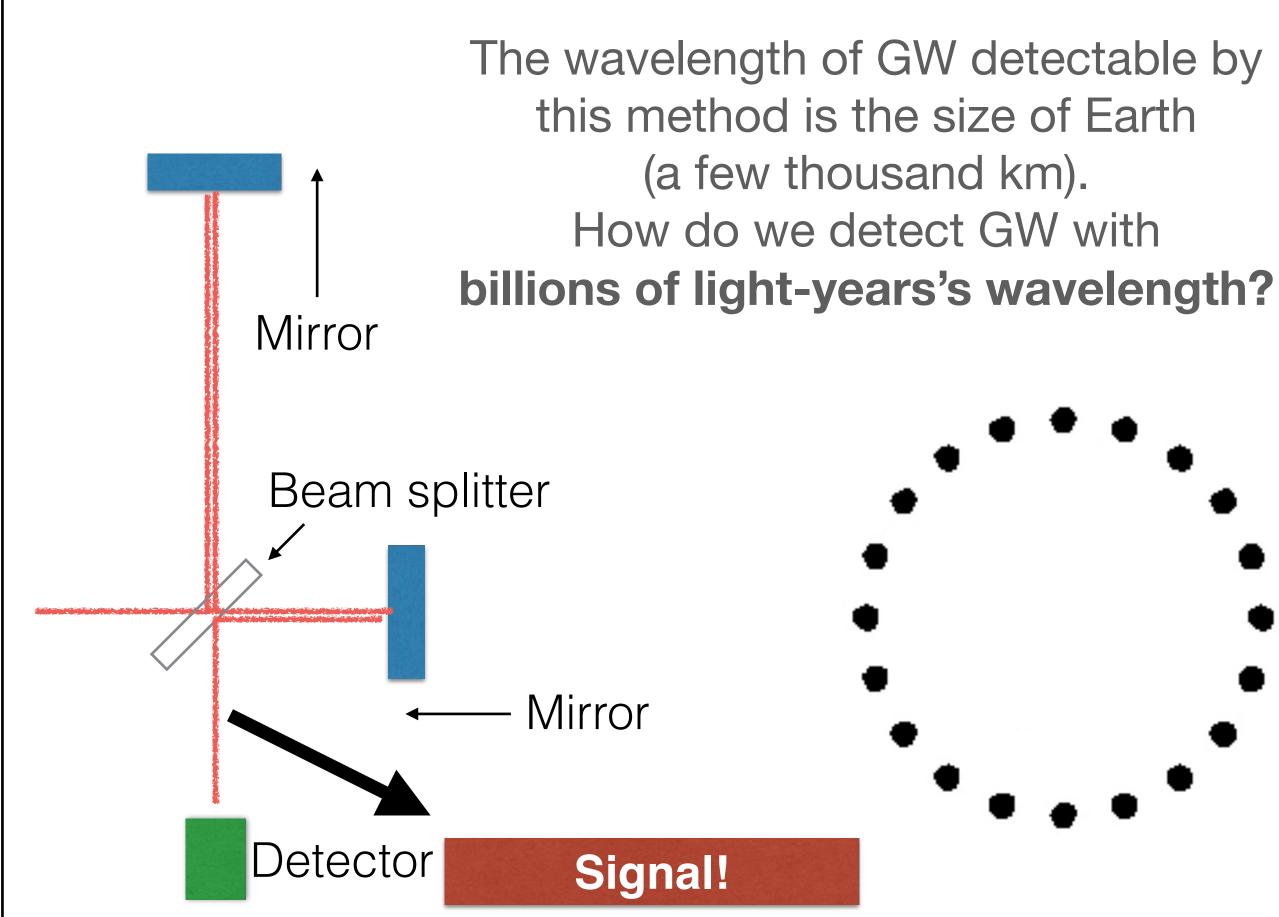




How to detect GW?

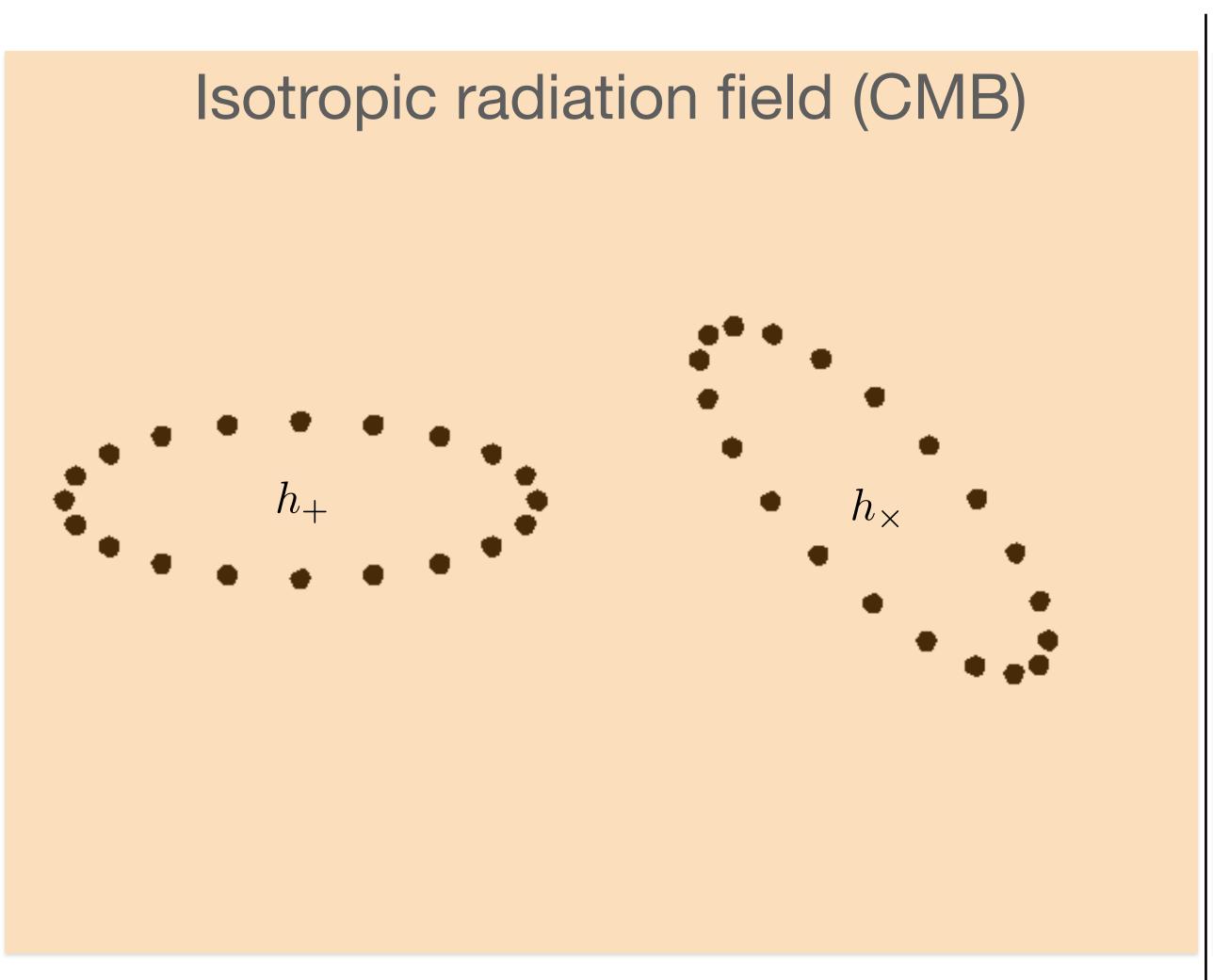
Laser interferometer technique, used by LIGO and VIRGO

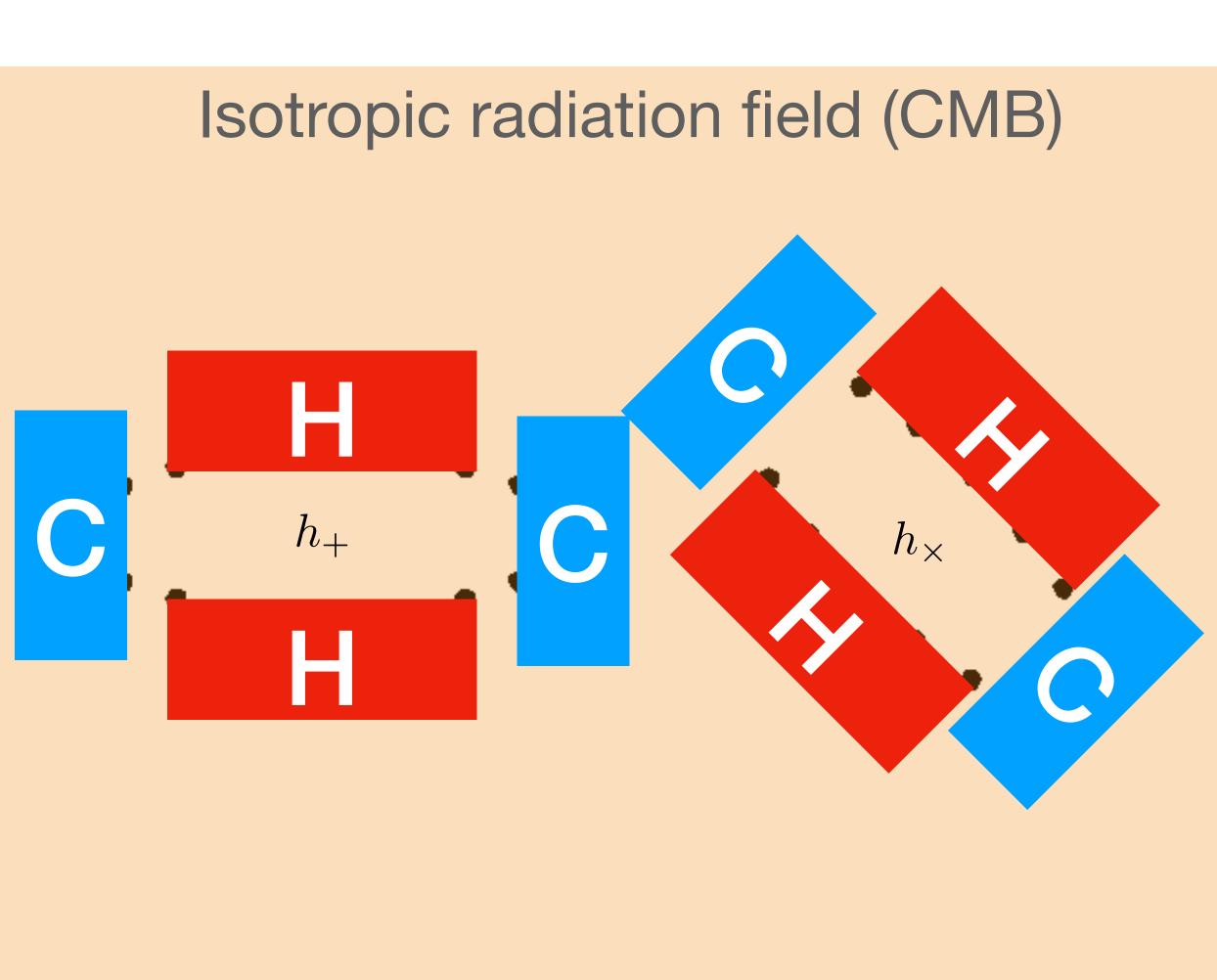




Detecting GW by CMB

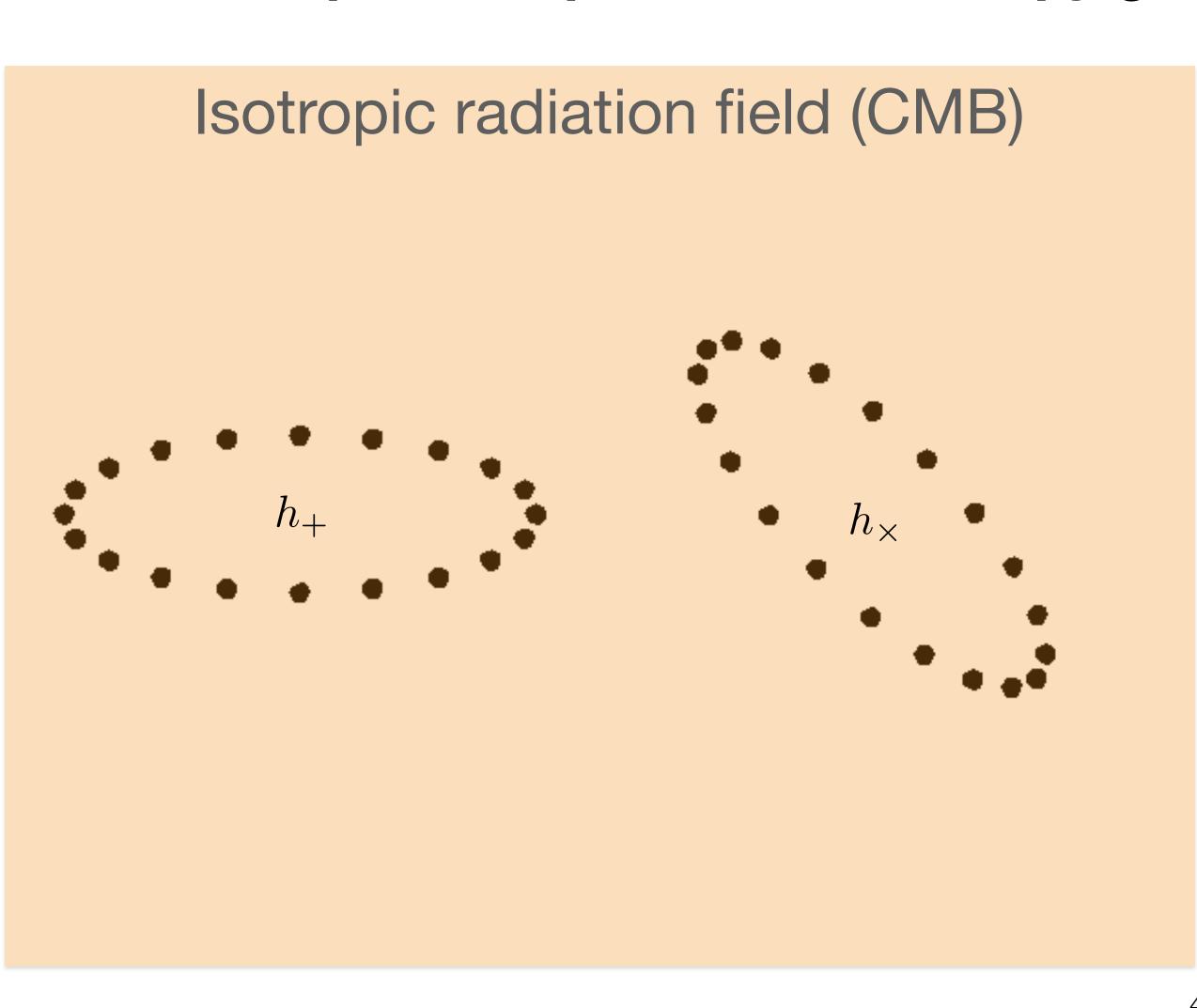
Quadrupole temperature anisotropy generated by red- and blue-shifting of photons

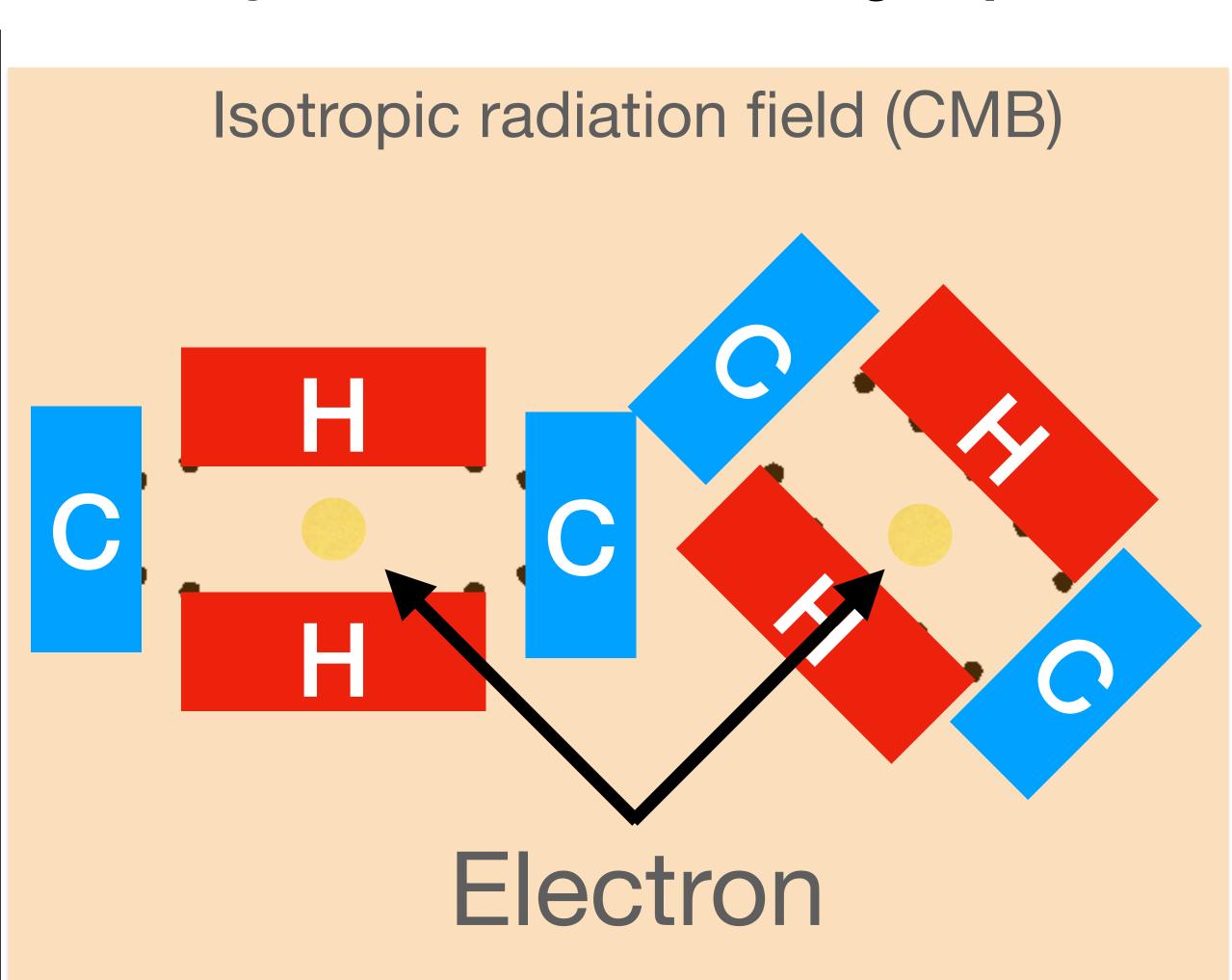




Detecting GW by CMB

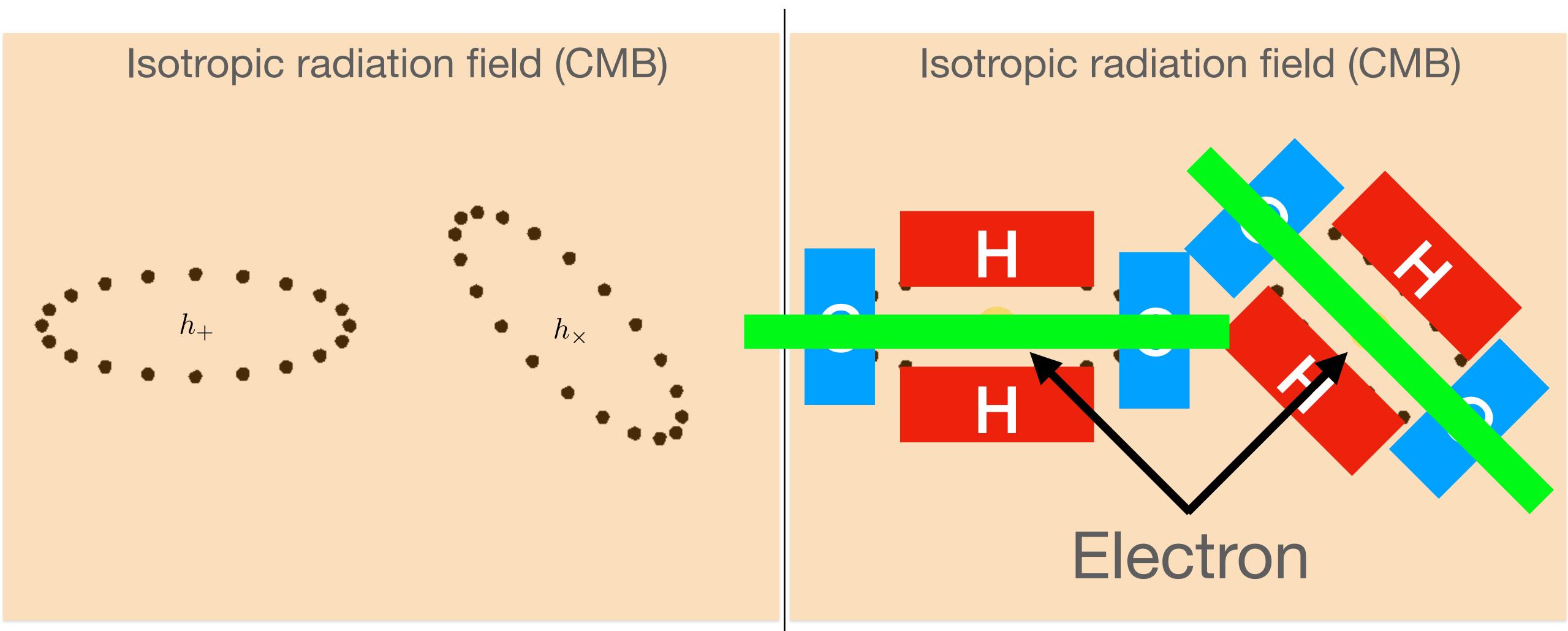
Quadrupole temperature anisotropy generated by red- and blue-shifting of photons





Detecting GW by CMB Polarisation

Quadrupole temperature anisotropy scattered by an electron

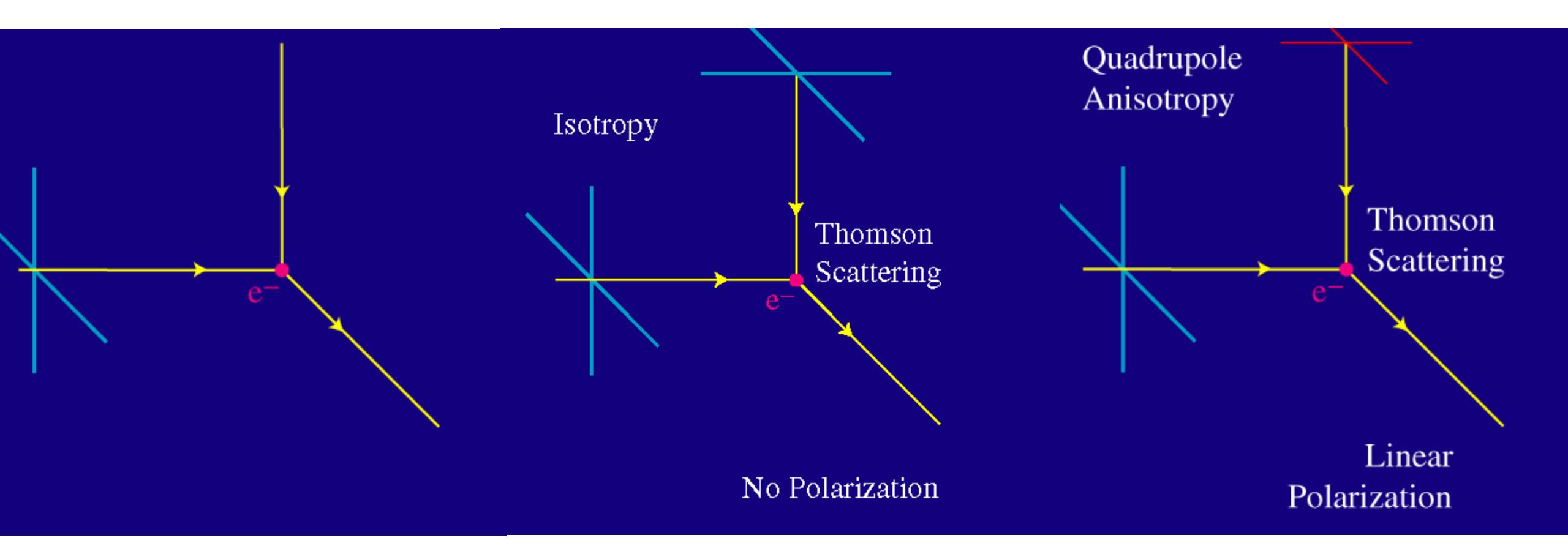




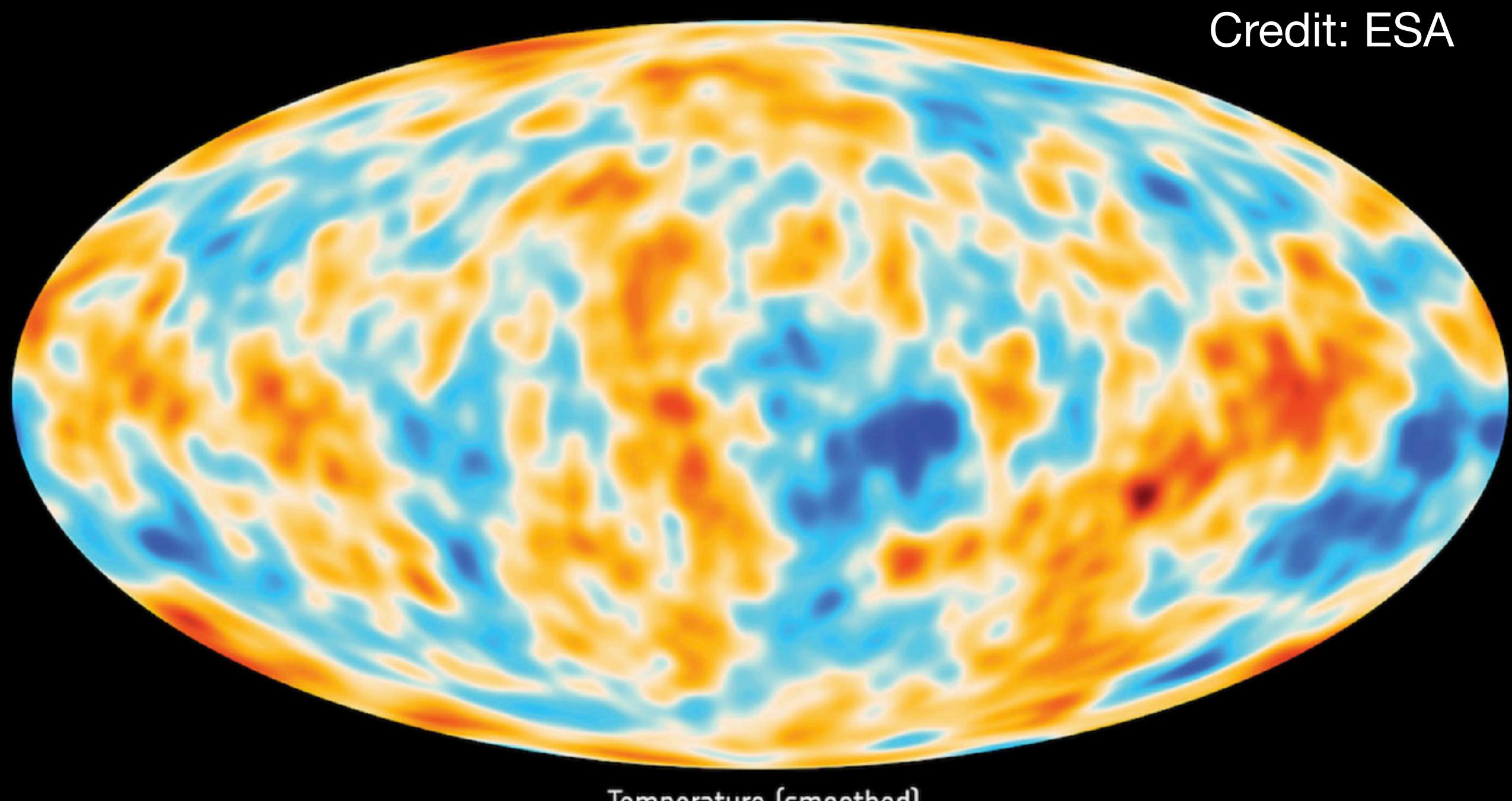


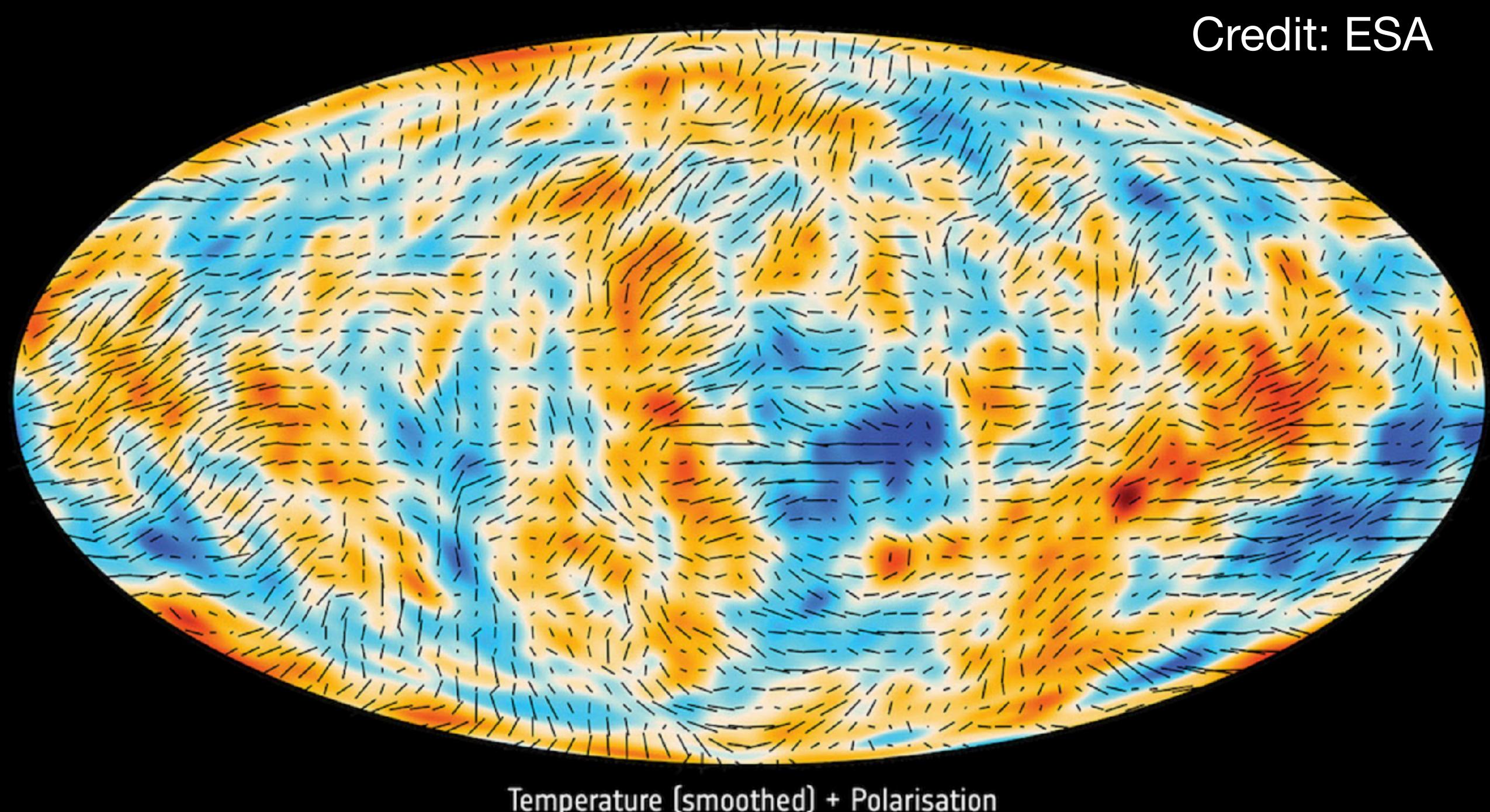
Physics of CMB Polarisation

Necessary and sufficient condition: Scattering and Quadrupole Anisotropy



Credit: Wayne Hu

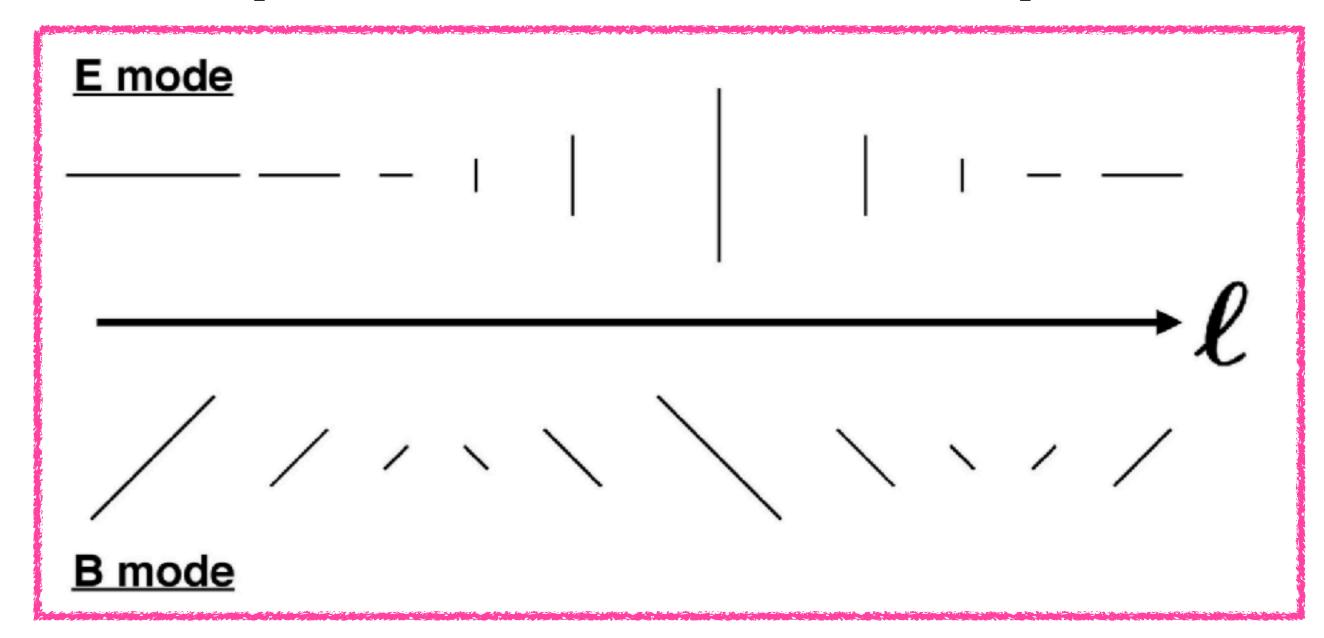




Temperature (smoothed) + Polarisation

E- and B-mode decomposition

Concept defined in Fourier space

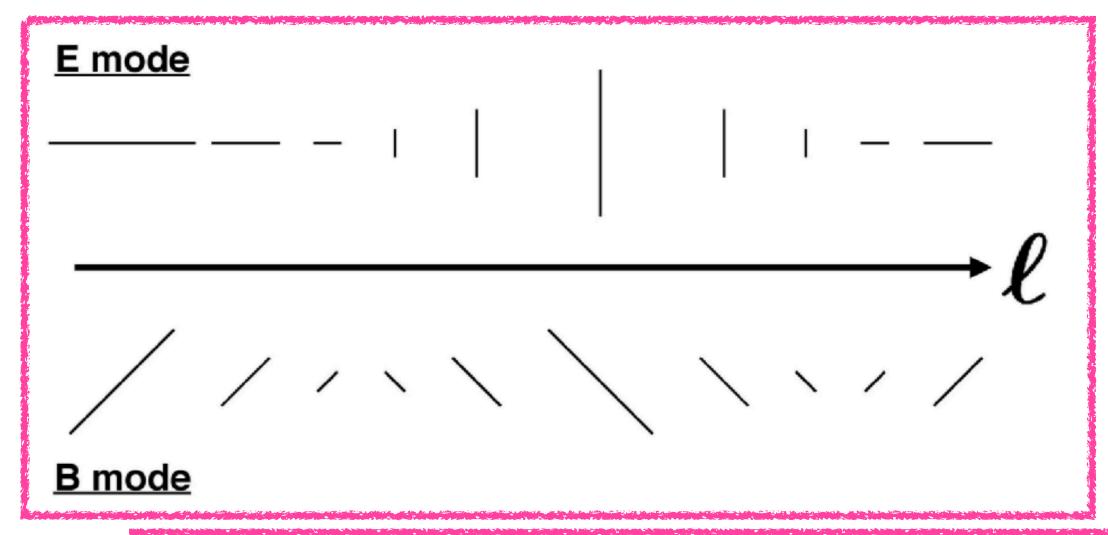


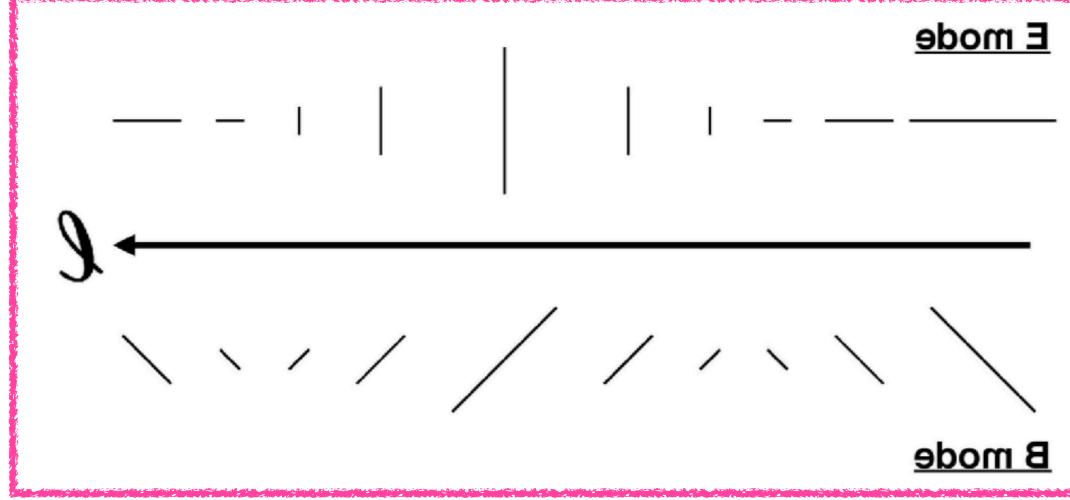
Direction of the Fourier wavenumber vector

- E-mode: Polarisation directions are parallel or perpendicular to the wavenumber direction
- B-mode: Polarisation directions are 45 degrees tilted w.r.t the wavenumber direction

Parity Flip

E-mode remains the same, whereas B-mode changes the sign





 Two-point correlation functions invariant under the parity flip are

$$\langle E_{\ell} E_{\ell'}^* \rangle = (2\pi)^2 \delta_D^{(2)} (\ell - \ell') C_{\ell}^{EE}$$

$$\langle B_{\ell}B_{\ell'}^*\rangle = (2\pi)^2 \delta_D^{(2)}(\ell - \ell')C_{\ell}^{BB}$$

$$\langle T_{\ell} E_{\ell'}^* \rangle = \langle T_{\ell}^* E_{\ell'} \rangle = (2\pi)^2 \delta_D^{(2)} (\ell - \ell') C_{\ell}^{TE}$$

- The other combinations <TB> and <EB> are not invariant under the parity flip.
 - [Side Note] We can use these combinations to probe parity-violating physics (e.g., axions)

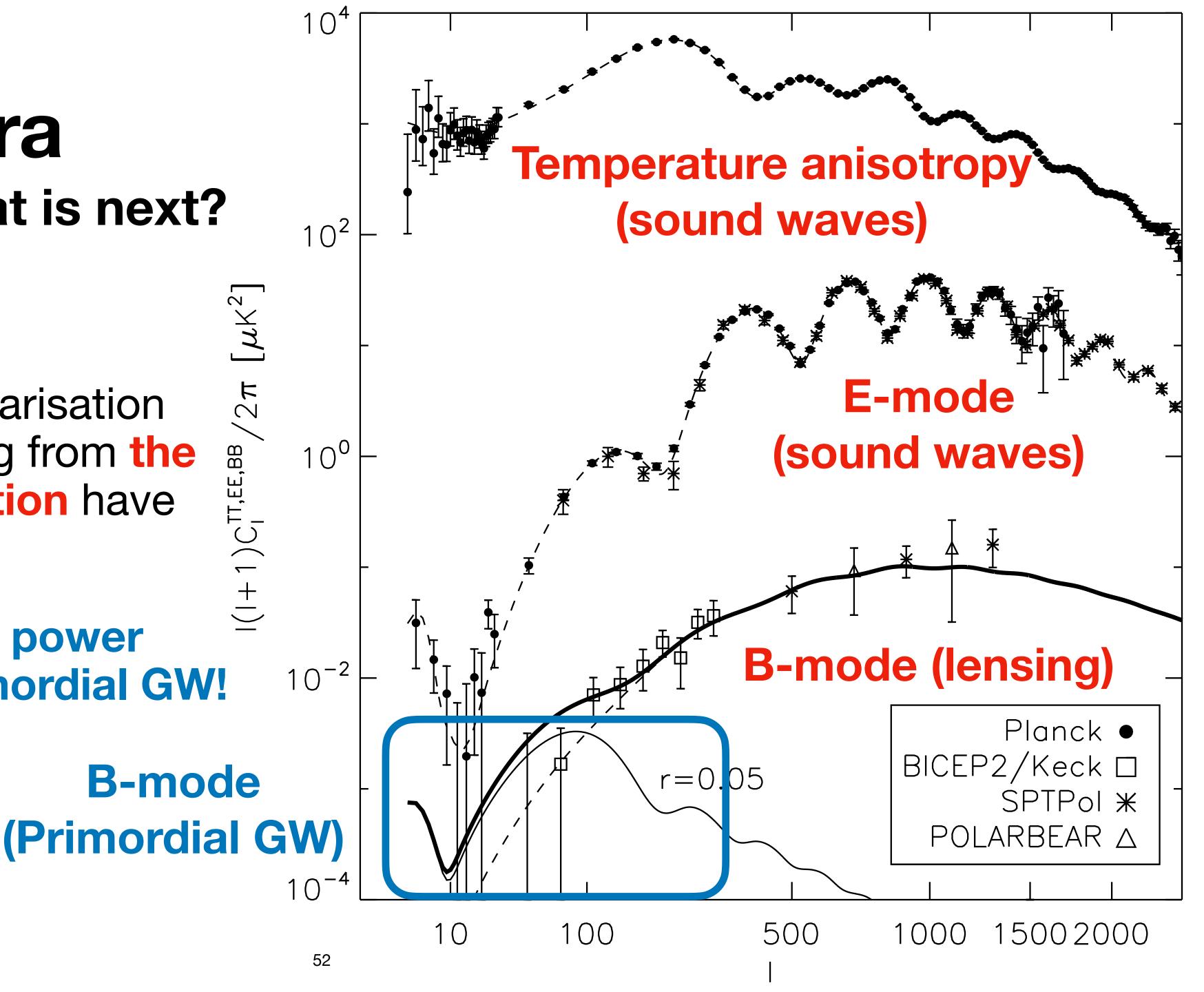
Power Spectra

Where are we? What is next?

 The temperature and polarisation power spectra originating from the scalar (density) fluctuation have been measured.

 The next quest: B-mode power spectrum from the primordial GW!

B-mode

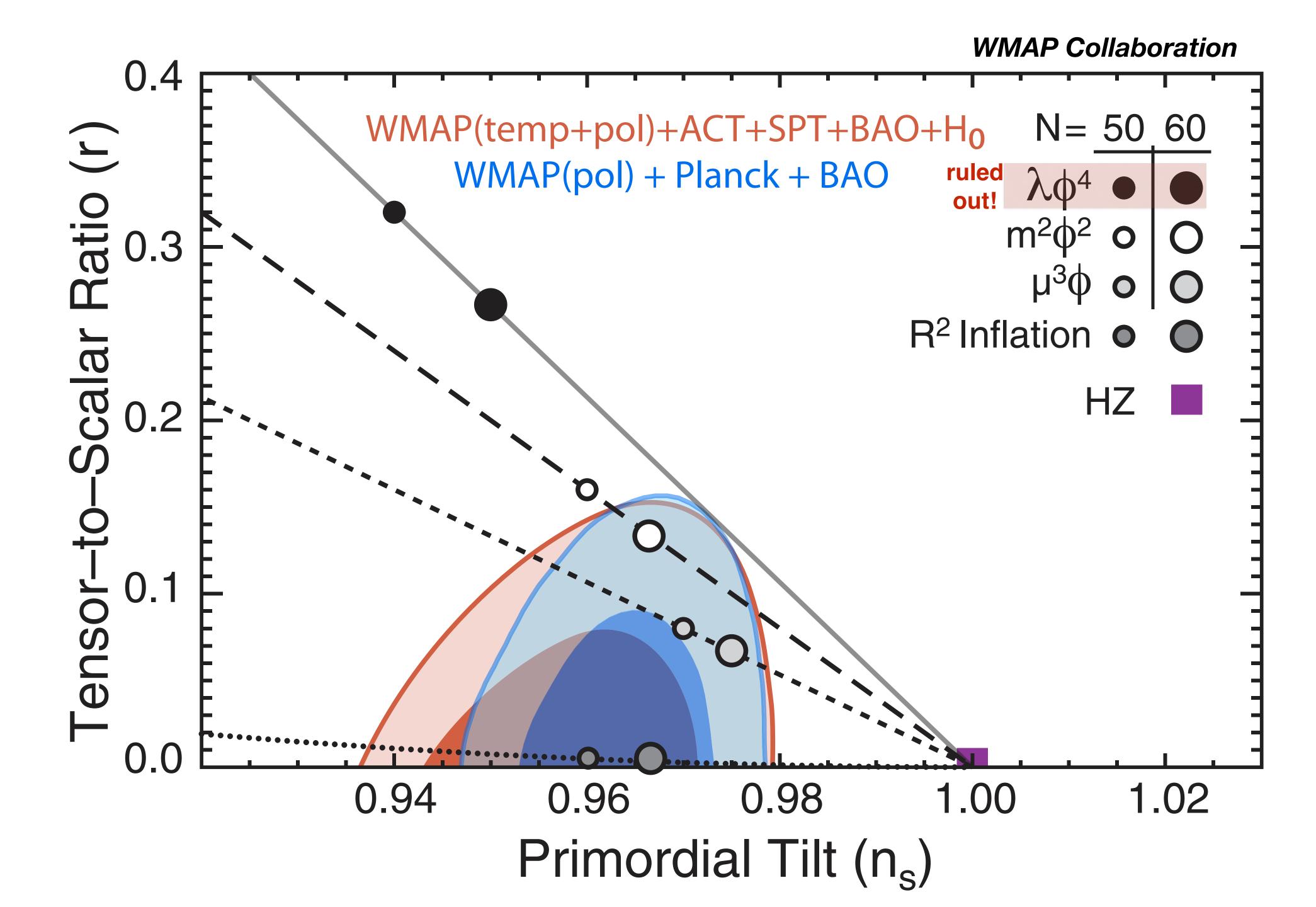


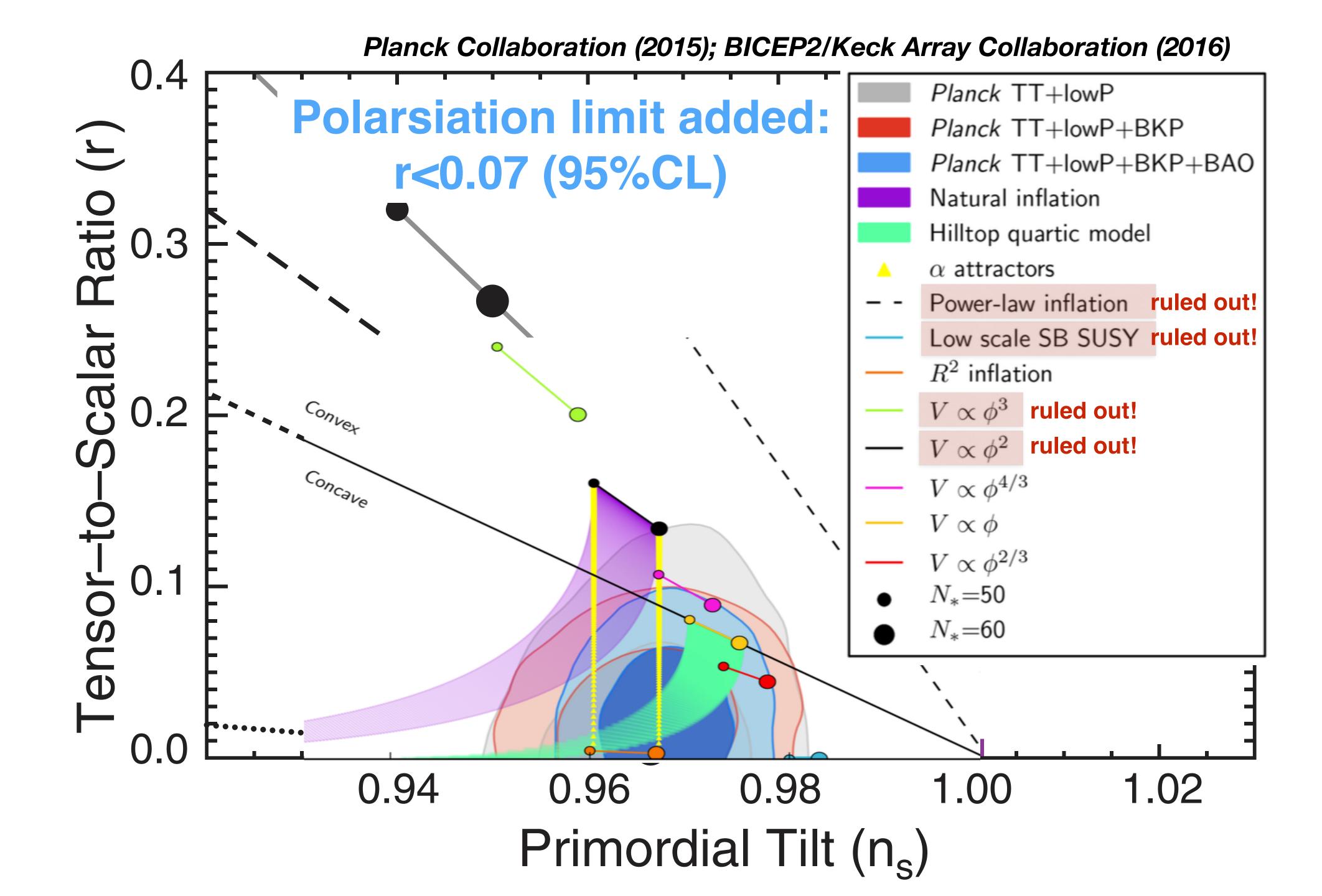
Tensor-to-scalar Ratio

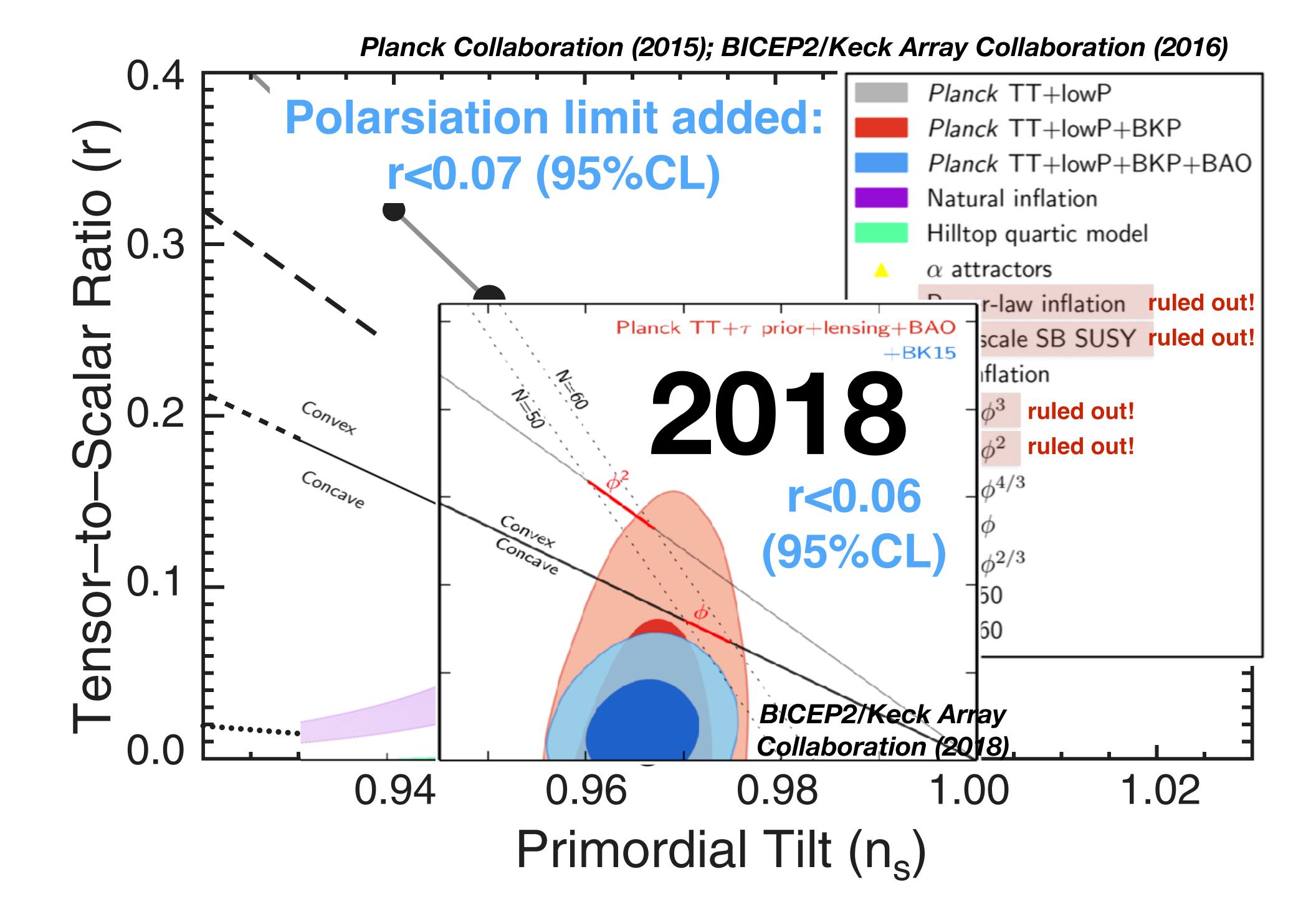
$$r \equiv \frac{\langle h_{ij}h^{ij} \rangle}{\langle \zeta^2 \rangle}$$

 We really want to find this! The current upper bound is r<0.06 (95%CL)

BICEP2/Keck Array Collaboration (2018)







But, wait a minute...

Are GWs from vacuum fluctuation in spacetime, or from sources?

$$\Box h_{ij} = -16\pi G\pi_{ij}$$

- Homogeneous solution: "GWs from vacuum fluctuation"
- Inhomogeneous solution: "GWs from sources"
 - Scalar and vector fields cannot source tensor fluctuations at linear order (possible at non-linear level)

Many papers by Sorbo, Peloso, and others

• SU(2) gauge field can!

Maleknejad & Sheikh-Jabbari (2013); Dimastrogiovanni & Peloso (2013); Adshead, Martinec & Wyman (2013); Obata & Soda (2016); ...

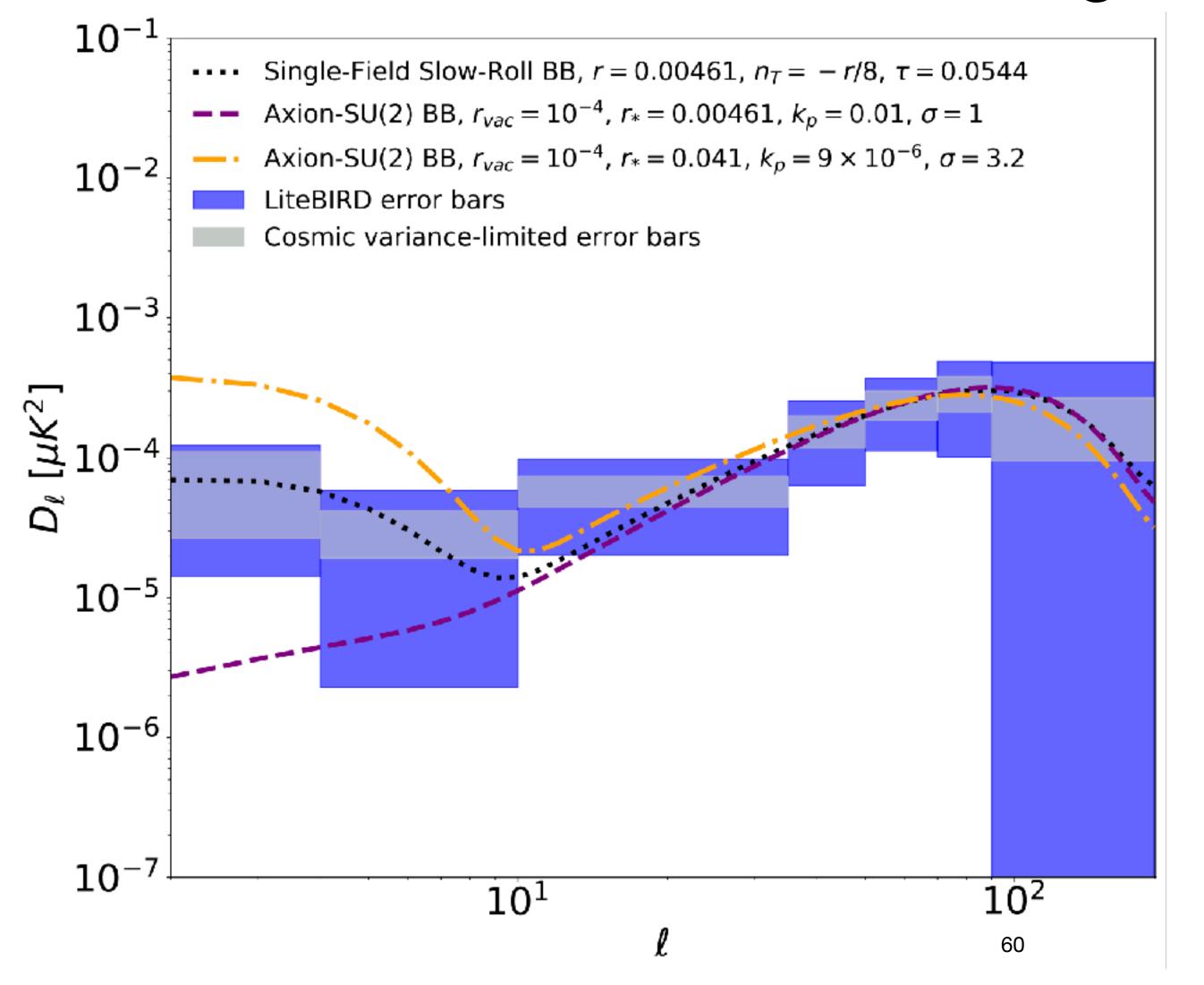
Important Message

$$\Box h_{ij} = -16\pi G \pi_{ij}$$

- Do not take it for granted if someone told you that detection of the primordial gravitational waves would be a signature of "quantum gravity"!
 - Only the homogeneous solution corresponds to the vacuum tensor metric perturbation. There is no a priori reason to neglect an inhomogeneous solution!
 - Contrary, we have several examples in which detectable B-modes are generated by sources [U(1) and SU(2)]

B-mode power spectrum

Vacuum fluctuation versus the Gauge field contribution



- Dotted: Vacuum fluctuation in spacetime (homogeneous solution)
- Other curves: the Gauge field contributions (inhomogeneous solution) for two representative cases
- Message: we need to measure both low and high multipoles!

Experimental Strategy Commonly Assumed So Far

- 1. Detect CMB polarisation in multiple frequencies, to make sure that it is from the CMB (i.e., Planck spectrum)
- 2. Check for scale invariance: Consistent with a scale invariant spectrum?
 - Yes => Announce discovery of the vacuum fluctuation in spacetime
 - No => WTF?

New Experimental Strategy: New Standard!

- 1. Detect CMB polarisation in multiple frequencies, to make sure that it is from the CMB (i.e., Planck spectrum)
- 2. Check for scale invariance: Consistent with a scale invariant spectrum?
- 3. Parity violating correlations consistent with zero?
- 4. Consistent with Gaussianity?
- If, and ONLY IF Yes to all => Announce discovery of the vacuum fluctuation in spacetime

If not, you may have just discovered new physics during inflation!

- 2. Check for scale invariance: Consistent with a scale invariant spectrum?
- 3. Parity violating correlations consistent with zero?
- 4. Consistent with Gaussianity?

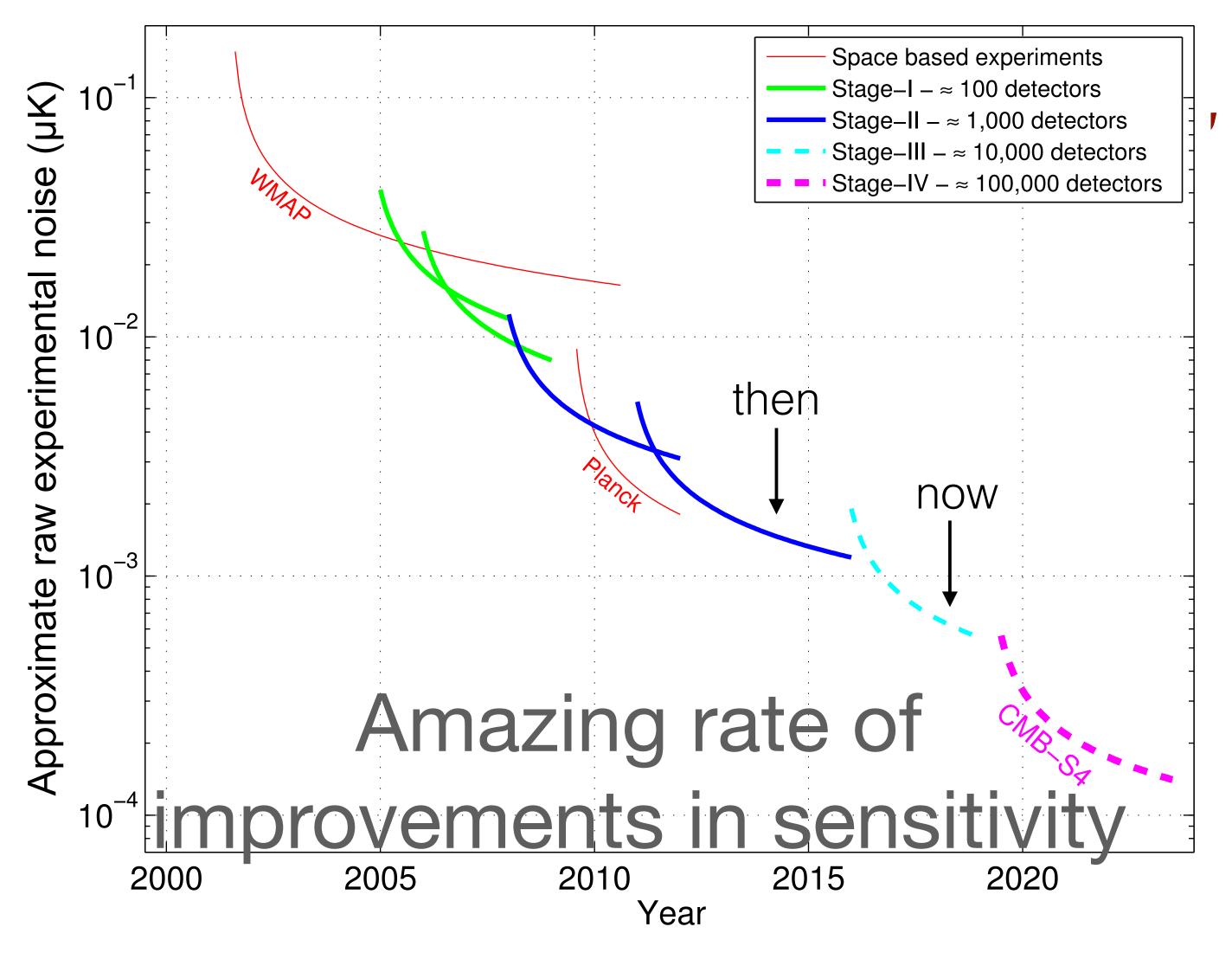
1. D€

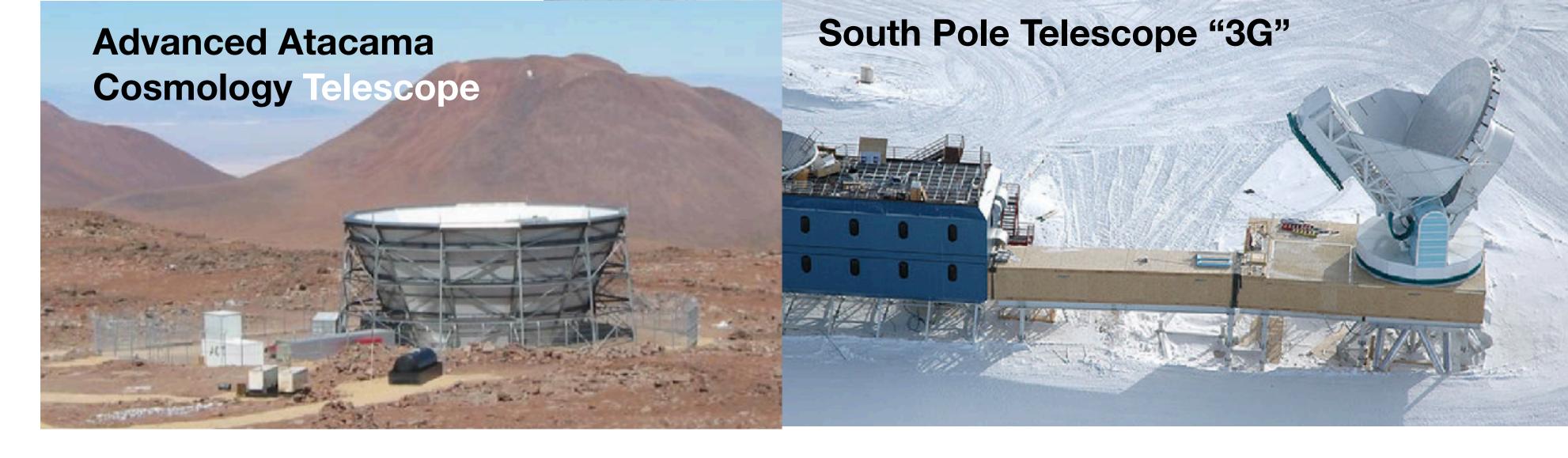
• If, and ONLY IF Yes to all => Announce discovery of the vacuum fluctuation in spacetime

Experimental Landscape



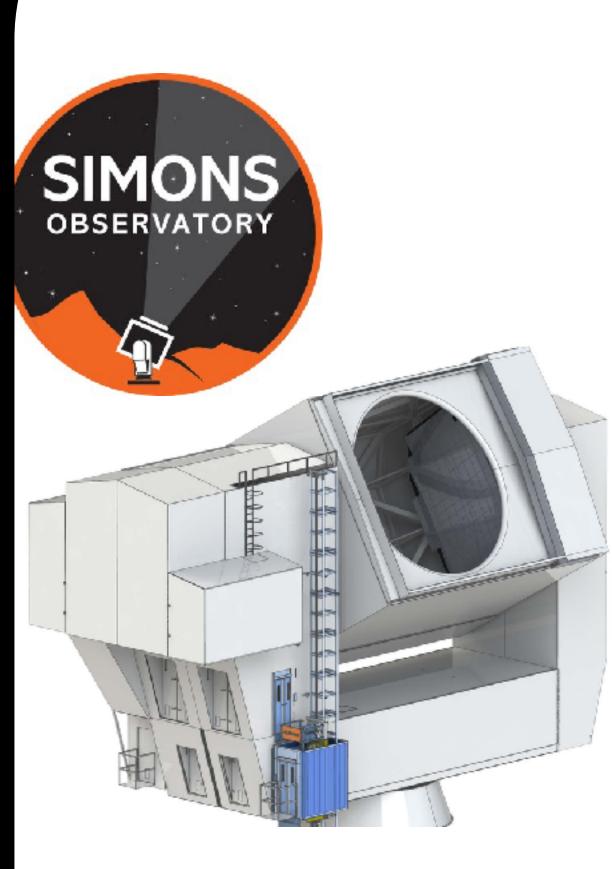
CMB Stages





On-going Ground-based Experiments The Simons Array





Early 2020s ~\$100M





The Simons Array

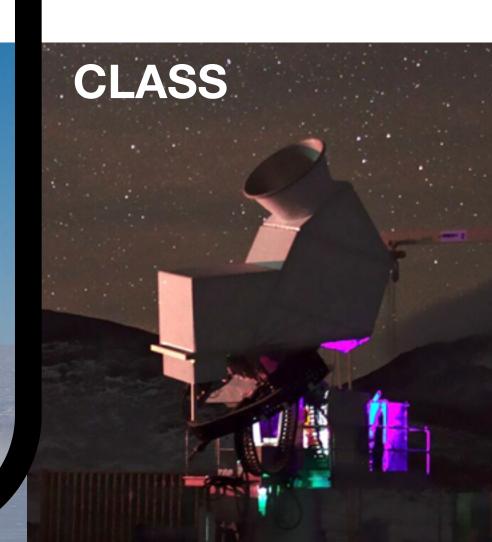
















Bringing all together: US-led CMB Stage IV Late 2020s (~\$600M)



2029-LiteBIRD

JAXA

+ NASA

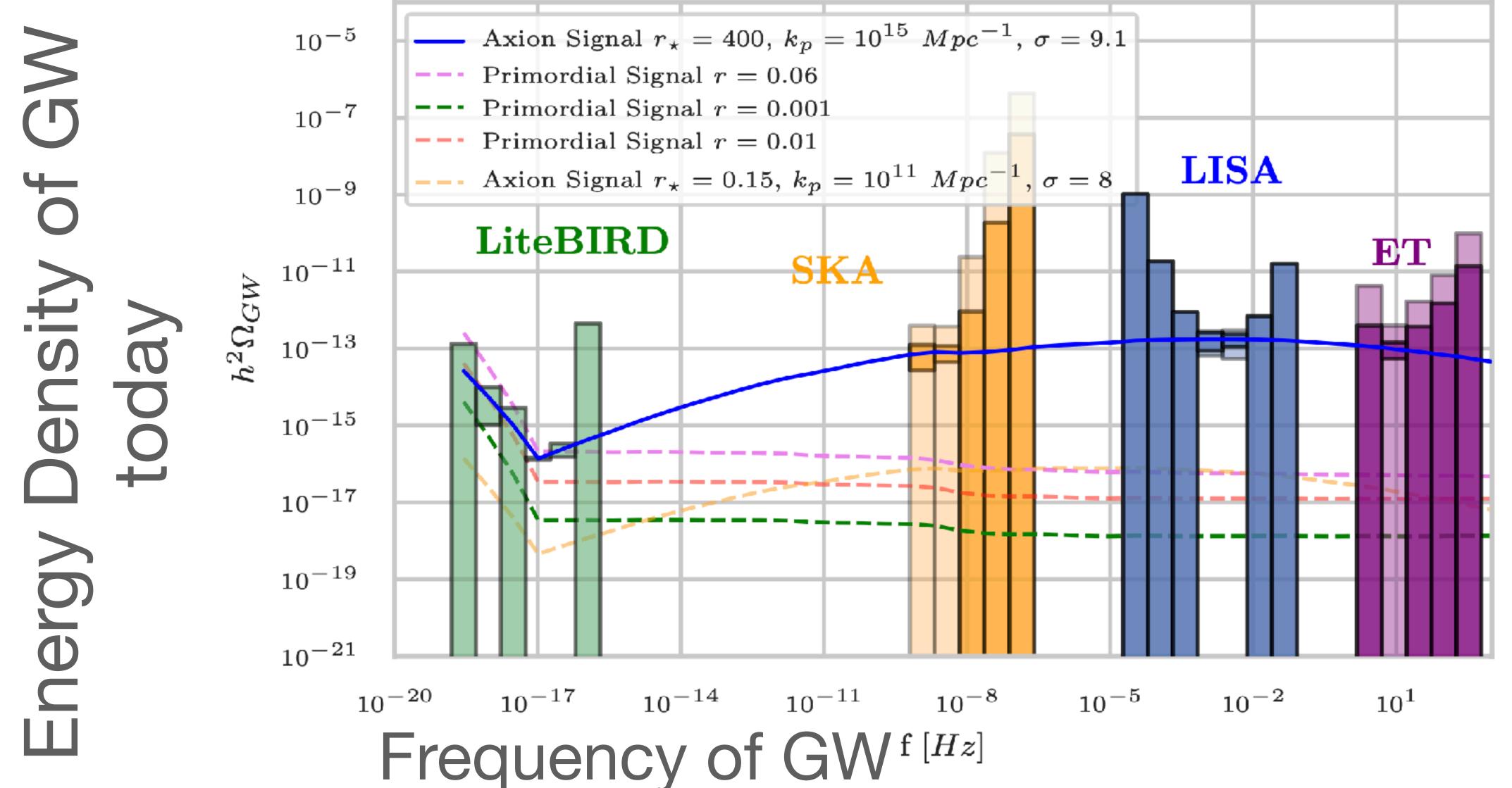
+ CSA

+ Europe

A few thousand super-conducting microwave sensors in space. Selected by JAXA to fly to L2!

Not just CMB!

With direct detection experiments, we cover 21 orders of magnitude in the GW frequency



Summary

Towards finding our origins

The Quest So Far:

• There is very good evidence that we all came from the quantum fluctuation in the early Universe, generated during the period of **cosmic inflation**.

The New Quest:

- Discovery of the primordial gravitational wave with the wavelength of billions of light years gives definitive evidence for inflation.
- Hoping to find the first evidence from ground-based experiments within the next 10 years.
- Then, the definitive measurement will come from LiteBIRD in early 2030s.