Finding Cosmic Inflation

Eiichiro Komatsu [MPI für Astrophysik] HEP Theorie-Seminar, RWTH Aachen July 12, 2018





Full-dome movie for planetarium Director: Hiromitsu Kohsaka

HORIZON

Beyond the Edge of the Visible Universe

Won the Best Movie Awards at "FullDome Festival" at Brno, June 5–8, 2018

HORIZON :Beyond the Edge of the Visible Universe [Trailer]



A Remarkable Story

 Observations of the cosmic microwave background and their interpretation taught us that galaxies, stars, planets, and ourselves originated from tiny fluctuations in the early Universe

•But, what generated the initial fluctuations?

Mukhanov & Chibisov (1981); Hawking (1982); Starobinsky (1982); Guth & Pi (1982); Bardeen, Turner & Steinhardt (1983)

Leading Idea

- Quantum mechanics at work in the early Universe
 - "We all came from quantum fluctuations"
- But, how did quantum fluctuations on the *microscopic* scales become *macroscopic* fluctuations over large distances?
 - What is the missing link between small and large scales?

Starobinsky (1980); Sato (1981); Guth (1981); Linde (1982); Albrecht & Steinhardt (1982)

Cosmic Inflation

Quantum fluctuations on microscopic scales

Inflation!

 Exponential expansion (inflation) stretches the wavelength of quantum fluctuations to cosmological scales

Key Predictions

 Fluctuations we observe today in CMB and the matter distribution originate from quantum fluctuations during inflation





scalar

mode

• There should also be *ultra long-wavelength* gravitational waves generated during inflation



Starobinsky (1979)

We measure distortions in space

A distance between two points in space

$$d\ell^2 = a^2(t)[1 + 2\zeta(\mathbf{x}, t)][\delta_{ij} + h_{ij}(\mathbf{x}, t)]dx^i dx^j$$

- **ζ** : "curvature perturbation" (scalar mode)
 - Perturbation to the determinant of the spatial metric
- **h**_{ij} : "gravitational waves" (tensor mode)
 - Perturbation that does not alter the determinant



We measure distortions in space

A distance between two points in space

$$d\ell^2 = a^2(t) [1 + 2\zeta(\mathbf{x}, t)] [\delta_{ij} + h_{ij}(\mathbf{x}, t)] dx^i dx^j$$
 scale factor

- **ζ** : "curvature perturbation" (scalar mode)
 - Perturbation to the determinant of the spatial metric
- **h**_{ij} : "gravitational waves" (tensor mode)
 - Perturbation that does not alter the determinant



Finding Inflation

Inflation is the accelerated, quasi-exponential expansion.
Defining the Hubble expansion rate as H(t)=dln(a)/dt, we must find

$$\frac{\ddot{a}}{a} = \dot{H} + H^2 > 0 \quad \Longrightarrow \quad \epsilon \equiv -\frac{H}{H^2} < 1$$

• For inflation to explain flatness of spatial geometry of our observable Universe, we need to have a **sustained** period of inflation. This implies $\varepsilon = O(N^{-1})$ or smaller, where N is the number of e-folds of expansion counted from the end of inflation:

$$N \equiv \ln \frac{a_{\text{end}}}{a} = \int_{t}^{t_{\text{end}}} dt' \ H(t') \approx 50$$

Have we found inflation?

• Have we found $\varepsilon << 1$?

- $\epsilon \equiv -\frac{\dot{H}}{H^2}$
- To achieve this, we need to map out H(t), and show that it does not change very much with time
 - We need the "Hubble diagram" during inflation!

Fluctuations are proportional to H

- Both scalar (ζ) and tensor (h_{ij}) perturbations are proportional to H
 - Consequence of the uncertainty principle

[energy you can borrow] ~ [time you borrow]⁻¹ ~ H

 THE KEY: The earlier the fluctuations are generated, the more its wavelength is stretched, and thus the bigger the angles they subtend in the sky. We can map H(t) by measuring CMB fluctuations over a wide range of angles

Payment in the second states

Fluctuations are proportional to H

- We can map H(t) by measuring CMB fluctuations over a wide range of angles
 - 1. We want to show that the amplitude of CMB fluctuations does not depend very much on angles
 - 2. Moreover, since inflation must end, H would be a decreasing function of time. It would be fantastic to show that the amplitude of CMB fluctuations actually DOES depend on angles such that the small scale has *slightly* smaller power

Data Analysis

- Decompose temperature fluctuations in the sky into a set of waves with various wavelengths
- Make a diagram showing the strength of each wavelength







Cosmic Miso Soup

- When matter and radiation were hotter than 3000 K, matter was completely ionised. The Universe was filled with plasma, which behaves just like a soup
- Think about a Miso soup (if you know what it is). Imagine throwing Tofus into a Miso soup, while changing the density of Miso
- And imagine watching how ripples are created and propagate throughout the soup







Origin of Fluctuations

Who dropped those Tofus into the cosmic Miso soup?





















exp(-x**2/2)/sqrt(2*pi)

3

Quantum Fluctuations give a Gaussian distribution of temperatures.

Fraction of the Number of Pixels Having Those Temperatures

0.1

0.01

0.001

1.0001

1e-05

-3

-2

Do we see this in the WMAP data?

[Values of Temperatures in the Sky Minus 2.725 K] / [Root Mean Square]



Testing Gaussianity



[Values of Temperatures in the Sky Minus 2.725 K]/ [Root Mean Square] Since a Gauss distribution is symmetric, it must yield a vanishing **3-point function**

$$\left| \delta T^3 \right\rangle \equiv \int_{-\infty}^{\infty} d\delta T \ P(\delta T) \delta T^3$$

 More specifically, we measure this by averaging the product of temperatures at three different locations in the sky

 $\langle \delta T(\hat{n}_1) \delta T(\hat{n}_2) \delta T(\hat{n}_3) \rangle$

Lack of non-Gaussianity

- The WMAP data show that the distribution of temperature fluctuations of CMB is very precisely Gaussian
 - with an upper bound on a deviation of 0.2% (95%CL)

$$\zeta(\mathbf{x}) = \zeta_{\text{gaus}}(\mathbf{x}) + \frac{3}{5} f_{\text{NL}} \zeta_{\text{gaus}}^2(\mathbf{x}) \text{ with } f_{\text{NL}} = 37 \pm 20 \ (68\% \text{ CL})$$

WMAP 9-year Result

 The Planck data improved the upper bound by an order of magnitude: deviation is <0.03% (95%CL)

$$f_{\rm NL} = 0.8 \pm 5.0 \ (68\% \ {\rm CL})$$

Planck 2015 Result
So, have we found inflation?

- Single-field slow-roll inflation looks remarkably good:
 - Super-horizon fluctuation
 - Adiabaticity
 - Gaussianity
 - n_s<1
- What more do we want? Gravitational waves. Why?
 - Because the "extraordinary claim requires extraordinary evidence"





Finding Signatures of Gravitational Waves in the CMB

- Next frontier in the CMB research
 - 1. Find evidence for nearly scale-invariant gravitational waves
- New Research Area! 2. Once found, test Gaussianity to make sure (or not!) that the signal comes from vacuum fluctuation
 - 3. Constrain inflation models

Measuring GW

GW changes distances between two points



Laser Interferometer





Laser Interferometer



LIGO detected GW from a binary blackholes, with the wavelength of thousands of kilometres

But, the primordial GW affecting the CMB has a wavelength of **billions of light-years**!! How do we find it?

Detecting GW by CMB

Isotropic electro-magnetic fields

Detecting GW by CMB



Detecting GW by CMB



Detecting GW by CMB Polarisation



Detecting GW by CMB Polarisation



Photo Credit: TALEX

horizontally polarised

Photo Credit: TALEX





 We really want to find this! The current upper bound is r<0.07 (95%CL)

BICEP2/Keck Array Collaboration (2016)





JAXA

+ possible participations from USA, Canada, Europe

LiteBIRD 2025– [proposed]

Target: δr<0.001 (68%CL)

JAXA

+ possible participations from USA, Canada, Europe

LiteBIRD

2025– [proposed]

Polarisation satellite dedicated to measure CMB polarisation from primordial GW, with a few thousand super-conducting detectors in space

JAXA

+ possible participations from USA, Canada, Europe

LiteBIRD

2025– [proposed]

Down-selected by JAXA as one of the two missions competing for a launch in mid 2020's

Observation Strategy



JAXA H3 Launch Vehicle (JAXA)



- Launch vehicle: JAXA H3
- Observation location: Second Lagrangian point (L2)
 - Scan strategy: Spin and precession, full sky
- Observation duration: 3-years
- Proposed launch date: Mid 2020's

Slide courtesy Toki Suzuki (Berkeley)

Foreground Removal



Polarized galactic emission (Planck X)

LiteBIRD: 15 frequency bands

- Polarized foregrounds
 - Synchrotron radiation and thermal emission from inter-galactic dust
 - Characterize and remove foregrounds
- 15 frequency bands between 40 GHz 400 GHz
 - Split between Low Frequency Telescope (LFT) and High Frequency Telescope (HFT)
 - LFT: 40 GHz 235 GHz
 - HFT: 280 GHz 400 GHz

Slide courtesy Toki Suzuki (Berkeley)

Instrument Overview

Slide courtesy Toki Suzuki (Berkeley)





Cold Mission System





Stirling & Joule Thomson Coolers



Two telescopes

- Crossed-Dragone (LFT) & on-axis refractor (HFT)
- Cryogenic rotating achromatic half-wave plate
 - Modulates polarization signal
- Stirling & Joule Thomson coolers
 - Provide cooling power above 2 Kelvin

Sub-Kelvin Instrument

Detectors, readout electronics, and a sub-kelvin cooler

The Quest of the Primordial Gravitational Waves

LiteBIRD Expectation



Slide courtesy Ludovic Montier

But, wait a minute...

Are GWs from vacuum fluctuation in spacetime, or from sources?



- Homogeneous solution: "GWs from vacuum fluctuation"
- Inhomogeneous solution: "GWs from sources"
 - Scalar and vector fields cannot source tensor fluctuations at linear order (possible at non-linear level)
 - SU(2) gauge field can!

Maleknejad & Sheikh-Jabbari (2013); Dimastrogiovanni & Peloso (2013); Adshead, Martinec & Wyman (2013); Obata & Soda (2016); ...



- Do not take it for granted if someone told you that detection of the primordial gravitational waves would be a signature of "quantum gravity"!
 - Only the homogeneous solution corresponds to the vacuum tensor metric perturbation. There is no a priori reason to neglect an inhomogeneous solution!
 - Contrary, we have several examples in which detectable B-modes are generated by sources [U(1) and SU(2)]

Experimental Strategy Commonly Assumed So Far

- 1. Detect CMB polarisation in multiple frequencies, to make sure that it is from the CMB (i.e., Planck spectrum)
- 2. Check for scale invariance: Consistent with a scale invariant spectrum?
 - Yes => Announce discovery of the vacuum fluctuation in spacetime
 - No => WTF?

New Experimental Strategy: New Standard!

- 1. Detect CMB polarisation in multiple frequencies, to make sure that it is from the CMB (i.e., Planck spectrum)
- 2. Consistent with a scale invariant spectrum?
- 3. Parity violating correlations consistent with zero?
- 4. Consistent with Gaussianity?

 If, and ONLY IF Yes to all => Announce discovery of the vacuum fluctuation in spacetime If not, you may have just discovered new physics during inflation!

- 2. Consistent with a scale invariant spectrum?
- 3. Parity violating correlations consistent with zero?
- 4. Consistent with Gaussianity?

 If, and ONLY IF Yes to all => Announce discovery of the vacuum fluctuation in spacetime

Further Remarks

- "Guys, you are complicating things too much!"
- **NO**. These sources (eg., gauge fields) should be ubiquitous in a high-energy universe. They have every right to produce GWs if they are around
- Sourced GWs with r>>0.001 can be phenomenologically more attractive than the vacuum GW from the large-field inflation [requiring super-Planckian field excursion]. Better radiative stability, etc
- Rich[er] phenomenology: Better integration with the Standard Model; reheating; baryon synthesis via leptogenesis, etc. Testable using many more probes!

Dimastrogiovanni, Fasielo & Fujita (2017)

GW from Axion-SU(2) Dynamics



$$\mathcal{L} = \mathcal{L}_{GR} + \mathcal{L}_{\phi} + \mathcal{L}_{\chi} - \frac{1}{4} F^a_{\mu\nu} F^{a\mu\nu} + \frac{\lambda \chi}{4f} F^a_{\mu\nu} \tilde{F}^{a\mu\nu}$$

- φ: inflaton field => Just provides quasi-de Sitter background
- χ: pseudo-scalar "axion" field. Spectator field (i.e., negligible energy density compared to the inflaton)
- Field strength of an SU(2) field A^a_{ν} :

$$F^a_{\mu\nu} \equiv \partial_\mu A^a_\nu - \partial_\nu A^a_\mu - g\epsilon^{abc} A^b_\mu A^c_\nu$$

Dimastrogiovanni, Fasielo & Fujita (2017)

Background and Perturbation



π ρυτεπιία

In an inflating background, the SU(2) field has a background solution:

$$A_i^a = [ext{scale factor}] imes Q imes \delta_i^a$$

 $Q \equiv (-f\partial_\chi U/3g\lambda H)^{1/3}$

• Perturbations contain a tensor mode (as well as S&V)

$$\delta A_i^a = t_{ai} + \cdots$$

$$t_{ii} = \partial_a t_{ai} = \partial_i t_{ai} = 0$$

Scenario

- The SU(2) field contains tensor, vector, and scalar components
- The tensor components are amplified strongly by a coupling to the axion field
 - Only one helicity is amplified => GW is chiral (wellknown result)
- Brand-new result: GWs sourced by this mechanism are strongly non-Gaussian!

Agrawal, Fujita & EK, PRD, 97, 103526 (2018)
Gravitational Waves

• Defining canonically-normalised circular polarisation modes as

$$\psi_{L,R} \equiv (aM_{\rm Pl}/2)(h_+ \pm ih_{\times})$$

• The equations of motion for L and R modes are ($x \equiv k/aH$)

$$\partial_x^2 \psi_{R,L} + \left(1 - \frac{2}{x^2}\right) \psi_{R,L} = \frac{2\sqrt{\epsilon_E}}{x} \partial_x t_{R,L} + \frac{2\sqrt{\epsilon_B}}{x^2} \left(m_Q \mp x\right) t_{R,L}$$

$$m_Q \equiv gQ/H = a \text{ few}$$

$$\epsilon_B \equiv g^2 Q^4 / (HM_{\text{Pl}})^2 \ll 1$$

$$\epsilon_E \equiv (HQ + \dot{Q})^2 / (HM_{\text{Pl}})^2 \ll 1$$

Dimastrogiovanni, Fasielo & Fujita (2017)

Spin-2 Field from SU(2)

The equations of motion for L and R modes of SU(2) are

$$\begin{split} \partial_x^2 t_{R,L} + \left[1 + \frac{2}{x^2} \left(m_Q \, \xi \bigoplus x(m_Q + \xi) \right) \right] t_{R,L} \\ & \qquad \text{the minus sign gives an instability -> exponential amplification of the second states and the second states are specified with the second states are s$$

Dimastrogiovanni, Fasielo & Fujita (2017)

Spin-2 Field from SU(2)

The equations of motion for L and R modes of SU(2) are

$$\begin{split} \partial_x^2 t_{R,L} + \left[1 + \frac{2}{x^2} \left(m_Q \, \xi \bigoplus x(m_Q + \xi) \right) \right] t_{R,L} \\ & \quad \text{the minus sign gives an instability -> exponential amplification of } t_{\mathsf{R}}! \\ &= -\frac{2\sqrt{\epsilon_E}}{x} \partial_x \psi_{R,L} + \frac{2}{x^2} \left[(m_Q \mp x) \sqrt{\epsilon_B} + \sqrt{\epsilon_E} \right] \psi_{R,L} \end{split}$$

- The produced gravitational waves are totally chiral!
- The solution (when all the parameters are constant and the terms on the right hand side are ignored):

$$t_R(x) = \frac{1}{\sqrt{2k}} i^{\beta} W_{\beta,\alpha}(-2ix) \begin{pmatrix} \alpha \equiv -i\sqrt{2m_Q\xi} - 1/4 \\ \beta \equiv -i(m_Q + \xi) \end{pmatrix}$$
[Whittaker function]

Gravitational Waves

• Defining canonically-normalised circular polarisation modes as

$$\psi_{L,R} \equiv (aM_{\rm Pl}/2)(h_+ \pm ih_{\times})$$

• The equations of motion for L and R modes are ($x\equiv k/aH$)

$$\partial_x^2 \psi_{R,L} + \left(1 - \frac{2}{x^2}\right) \psi_{R,L} = \frac{2\sqrt{\epsilon_E}}{x} \partial_x t_{R,L} + \frac{2\sqrt{\epsilon_B}}{x^2} \left(m_Q \mp x\right) t_{R,L}$$

Inhomogeneous solution:

$$\lim_{x \to 0} \psi_R^{(s)}(x) = \frac{1}{\sqrt{2kx}} \Big[\mathcal{F}_E \sqrt{\epsilon_E} + \mathcal{F}_B \sqrt{\epsilon_B} \Big]$$

 F_E , F_B : some complicated functions

Dimastrogiovanni, Fasielo & Fujita (2017)

Power Spectrum!

$$\mathcal{P}_{h}^{(s)}(k) = \frac{H^2}{\pi^2 M_{\rm Pl}^2} \left| \sqrt{2kx} \lim_{x \to 0} \psi_R^{(s)}(x) \right|^2 = \frac{\epsilon_B H^2}{\pi^2 M_{\rm Pl}^2} \mathcal{F}^2$$

$$\mathcal{F}^2 \equiv \left| \mathcal{F}_B + \sqrt{\epsilon_E / \epsilon_B} \mathcal{F}_E \right|^2 \approx \exp(3.6m_Q)$$

- This exponential dependence on m_Q makes it possible to have P_{sourced} >> P_{vacuum}
- New Paradigm

Phenomenology

$$\partial_x^2 t_{R,L} + \left[1 + \frac{2}{x^2} \left(m_Q \xi \mp x (m_Q + \xi) \right) \right] t_{R,L} = \dots$$

Г

 \circ

the minus sign gives an instability -> exponential amplification of t_R!

٦

$$\xi \equiv \frac{\lambda}{2fH} \dot{\chi} \simeq m_Q + \frac{1}{m_Q}$$
$$m_Q \equiv gQ/H = a \text{ few}$$

- The scale-dependence of the produced tensor modes is determined by how m_Q changes with time
- E.g., Axion rolling faster towards the end of inflation: BLUE TILTED power spectrum! Therefore...



Dimastrogiovanni, Fasiello & Fujita (2017) Thorne, Fujita, Hazumi, Katayama, EK & Shiraishi, PRD, 97, 043506 (2018)

Example Tensor Spectra



Sourced tensor spectrum can also be bumpy

Dimastrogiovanni, Fasiello & Fujita (2017) Thorne, Fujita, Hazumi, Katayama, EK & Shiraishi, PRD, 97, 043506 (2018)

Example Tensor Spectra



The B-mode power spectrum still looks rather normal



Large bispectrum in GW from SU(2) fields

Aniket Agrawal (MPA)

Tomo Fujita (Kyoto)

$$\langle \hat{h}_R(\mathbf{k}_1)\hat{h}_R(\mathbf{k}_2)\hat{h}_R(\mathbf{k}_3)\rangle = (2\pi)^3 \delta\left(\sum_{i=1}^3 \mathbf{k}_i\right) B_h^{RRR}(k_1, k_2, k_3)$$

 $\frac{B_h^{RRR}(k,k,k)}{P_h^2(k)} \approx \frac{25}{\Omega_A}$

- $\Omega_A << 1$ is the energy density fraction of the gauge field
- B_h/P_h² is of order unity for the vacuum contribution [Maldacena (2003); Maldacena & Pimentel (2011)]
- Gaussianity offers a powerful test of whether the detected GW comes from the vacuum or sources

NG generated at the tree level

$$\begin{split} L_{3}^{(i)} &= c^{(i)} \left[\epsilon^{abc} t_{ai} t_{bj} \left(\partial_{i} t_{cj} - \frac{m_{Q}^{2} + 1}{3m_{Q}\tau} \epsilon^{ijk} t_{ck} \right) \\ &- \frac{m_{Q}}{\tau} t_{ij} t_{jl} t_{ll} \right] \\ e^{(i)} &= g = m_{Q}^{2} H / \sqrt{\epsilon_{B}} M_{\text{Pl}} \sim \mathbf{10^{-2}} \\ \epsilon_{B} &\equiv \frac{g^{2} Q^{4}}{H^{2} M_{\text{Pl}}^{2}} \simeq \frac{2\Omega_{A}}{1 + m_{Q}^{-2}} \ll 1 \\ m_{Q} &\equiv gQ/H \text{ [m_{Q} ~ a few]} \\ \bullet \text{ This diagram generates} \\ \text{second-order equation} \\ \text{of motion for GW} \\ \end{split}$$

NG generated at the tree level

$$\begin{split} L_{3}^{(i)} &= c^{(i)} \left[\epsilon^{abc} t_{ai} t_{bj} \left(\partial_{i} t_{cj} - \frac{m_{Q}^{2} + 1}{3m_{Q}\tau} \epsilon^{ijk} t_{ck} \right) \\ &- \frac{m_{Q}}{\tau} t_{ij} t_{jl} t_{ll} \right] \\ e^{(i)} &= g = m_{Q}^{2} H / \sqrt{\epsilon_{B}} M_{\text{Pl}} \sim \mathbf{10^{-2}} \\ \epsilon_{B} &\equiv \frac{g^{2} Q^{4}}{H^{2} M_{\text{Pl}}^{2}} \simeq \frac{2\Omega_{A}}{1 + m_{Q}^{-2}} \ll 1 \\ m_{Q} &\equiv gQ/H \text{ [m_{Q} ~ a few]} \\ \bullet \text{ This diagram generates} \\ \text{second-order equation} \\ \text{of motion for GW} \\ \end{split}$$



 This shape is similar to, but not exactly the same as, what was used by the Planck team to look for tensor bispectrum

Current Limit on Tensor NG

• The Planck team reported a limit on the tensor bispectrum in the following form:

$$f_{\rm NL}^{\rm tens} \equiv \frac{B_h^{+++}(k,k,k)}{F_{\rm scalar}^{\rm equil.}(k,k,k)}$$

- The denominator is the scalar equilateral bispectrum template, giving $F_{\rm scalar}^{\rm equil.}(k,k,k) = (18/5)P_{\rm scalar}^2(k)$
- The current 68%CL constraint is $\,f_{
 m NL}^{
 m tens}=400\pm1500$

SU(2), confronted

• The SU(2) model of Dimastrogiovanni et al. predicts:

$$f_{\rm NL}^{\rm tens} \approx \frac{125}{18\sqrt{2}} \frac{r^2}{\epsilon_B} \approx 2.5 \frac{r^2}{\Omega_A}$$

- The current 68%CL constraint is $f_{\rm NL}^{\rm tens} = 400 \pm 1500$
 - This is already constraining!

Courtesy of Maresuke Shiraishi

LiteBIRD would nail it!



Parameter Scan





Summary

- Single-field inflation looks good: all the CMB data support it
- <u>Next frontier</u>: Using CMB polarisation to find GWs from inflation. Definitive evidence for inflation!
 - With LiteBIRD we plan to reach r~10⁻³, i.e., 100 times better than the current bound
 - GW from vacuum or sources? An exciting window to new physics